

ACADEMY OF MUSIC, POWELL RIVER

7280 Kemano Street, V8A 1M2

DON JAMES
TERRY SABINE
JIM DONNELLY

Music Director/Founder
Administrator
Chairperson – Kathaumixw

(604) 485-9633
FAX (604) 485-2055

EMAIL: info@powellriveracademy.org

WEBSITES <http://www.powellriveracademy.org> <http://www.kathaumixw.org>
<http://www.soap-powellriver.ca>

The Academy offers formal study through private lessons and group instruction. Students are encouraged to share in artistic experiences provided at student and professional concerts, in master classes with guest artists and in association with other culturally related groups. Projects include: private instruction, group instruction, choral ensembles, jazz instruction, International Choral Kathaumixw, Symphony Orchestra Academy of the Pacific and Annual Concert Series. Also sponsors the following:

LASZLO SCHOOL OF DANCE

7280 Kemano Street, V8A 1M2
Phone: (604) 414-0780 or (604) 485-9633

Lessons in ballet, jazz, tap dancing, and stage fencing.

ACUTE SHORT-TERM ASSESSMENT PROGRAM (ASAP) see Mental Health & Addictions

AGRICULTURAL ASSOCIATION, POWELL RIVER AND DISTRICT

- FALL FAIR, POWELL RIVER

VALERIE WIGTON Organizer

This traditional agricultural fair is held at the end of September at the Paradise Valley Exhibition Grounds. There is exhibition of home canning, farm products, gardening, baking, crafts, wine, eggs, livestock, and poultry and honey bees. There are community information tables, 4-H, local vendors, and out of town agricultural guests. There are pony rides, children's' play area, live music, entertainment and the farmer's market.

- OPEN AIR MARKET

DONNA ANAK Coordinator

HOURS: Last Saturday in April through the First Saturday in October at Paradise Valley Exhibition Grounds. Saturdays 10:30 am - 12:30 pm and Sundays 12:30 pm - 2:30 pm

There is an old-fashioned country-style market for local produce (herbicide and pesticide

free) home baking and crafts. There is an open Mic stage, homemade food and refreshments, children's area and special events. There is an opportunity for community groups and non-profit organizations to have displays or fund raiser.

AIDS VANCOUVER ISLAND

355 6th Street, Courtenay, BC, V9N 1M2

SARAH SULLIVAN Positive Wellness Counsellor (250) 338-7400
FAX (250) 334-8224
Toll-free number: 1 (877) 311 7400

WEBSITE: <http://www.avi.org>

EMAIL: sarahsullivan@avi.org

Provides crisis counselling, advocacy re: social services and other agencies; arranges medical appointments in Vancouver, Victoria and Nanaimo; has an extensive and up-to-date medical library; provides one-on-one counselling for people with HIV, Hepatitis C and their friends and families; and gives talks to schools, hospitals and community groups. There is funding to do Hepatitis C education information. HOURS: 9:00 a.m. - 4:00 p.m. Monday - Thursday. Needle- Exchange: same as office hours, and 11:00 am to 3:00 pm on Friday. There is access via alley.

AIR CADETS see Royal Canadian Air Cadets #22 (Red Knight Squadron)

ALANO CLUB OF POWELL RIVER

5903 Arbutus Street, V8A 4S2
(604) 483-3800

The Alano Club provides a social atmosphere where men and women can have a cup of coffee, talk to friends, play cards or pool. No alcohol or drugs permitted. Users are requested to come back another time. HOURS: 10:00 a.m. to 3:00 p.m. and 7:00 p.m. to 11:00 p.m. daily.

AL-ANON

BILL Contact (604) 483-9031

Al - anon gives help and support to families and friends of alcoholics. Meetings held twice a week.

ALATEEN

BILL Contact (604) 483-9031

Alateen gives help and support to teenagers affected by an alcoholic. Meetings held once a week.

ALCOHOLICS ANONYMOUS

WAYNE Contact (604) 485-2195
NEIL Contact (604) 485-5346
GLEN Contact (604) 414-0944

Meetings for AA – Powell River

Sunday	Alano Club	8:30 PM
Monday	Alano Club	8:30 PM
Tuesday	United Church	7:30 PM
“	Sliammon Comm. Hall	8:30 PM
Wednesday	Alano Club	11:15 AM
“	“	8:00 PM
Thursday	Unitarian Hall	8:30 PM
Friday	Alano Club	8:30 PM
“	“	12:00 Noon
“	United Church	8:30 PM
Saturday	Hosp. Conference Rm.	8:30 PM

The purpose of Alcoholics Anonymous is to help alcoholics achieve and maintain sobriety. Meetings are every night of the week at 8:30 p.m. as well as during the daytime. Call the Alano Club at (604) 483-3800 for times and locations (Powell River and Texada Island).

ALPINE CLUB

4610 Claridge Road, V8A 5N2

ALLEN & MAUREEN PARSONS

Contact

(604) 485-6882

EMAIL: hikerbiker4@shaw.ca

The Alpine Club promotes access to and appreciation of the alpine regions in our area and environmentally sound forest management. We also provide logging road updates. Activities include alpine hiking, rock climbing, and mountain climbing, backcountry snowshoeing and skiing. "Leave nothing but footprints, take nothing but photographs."

ALZHEIMER'S SOCIETY see Powell River Community Health (Caregiver Group)

AMBULANCE SERVICE, BRITISH COLUMBIA

7057 Duncan Street, V8A 1W1

Ph: (604) 485-9112

EMERGENCY

911

This is an Emergency 24-hour ambulance service.

ANGLICAN CHURCH see Parish of St. David and St. Paul

ANGEL FLIGHT

JEFF MORRIS

Chief Executive Officer

(250) 818-0288

EMAIL: angel@angelflight.ca

WEBSITE: www.angelflight.ca

Angel Flight provides free air transport for people, principally cancer patients, who require travel to and from medical appointments. Non-profit society funded by corporate and private donations. Patients must be ambulatory.

ASSESSMENT AND RESOURCE SERVICE, POWELL RIVER

6817 Burton Street, V8A 1Y2
(604) 485-2800
FAX (604) 485-2830

GARY REID
LESLEY THORSELL
BROOKE ALEXANDER
EMAIL: prars@shaw.ca
Coordinator/Counsellor
Administrative Assistant
Administrative Assistant
WEBSITE: www.prars.ca

OFFICE HOURS: 9:00 a.m. to 5:00 p.m. weekdays. This program is supported by union and management. It is designed to assist employees and dependent family members and retirees of our Global Funders to resolve a wide range of personal problems. Our mandate is to assess, and refer to the best resource where appropriate, provide counselling as required, and aftercare and follow-up as needed.

ASSUMPTION, CHURCH OF THE

7109 Glacier Street, V8A 1R8
(604) 485-5300
E-MAIL assumpch@shaw.ca
WEBSITE: www.assumptionchurch.homestead.com

MASS TIMES: Monday – Thursday: 8:00 am, Tuesday: 8:00 am and 7:00 pm, Friday: 9:00 am, Saturday 9:00 am
Sunday: 9:00 a.m., 11:00 a.m. and 7:00 p.m.
OFFICE HOURS: 9:00 am – 3:00 pm Monday – Friday.

ST. GERARD

Corner of King and Lois in Wildwood.
MASS TIME: Saturday: 4:30 pm.

SACRED HEART CHURCH, SLIAMMON (See page 88)

Mass time: Sunday at 11:30 am

ASSUMPTION PARISH CATHOLIC WOMEN'S LEAGUE COUNCIL

7109 Glacier Street, V8A 1R8
Nancy LeCerf President (604) 487-0493

MEETINGS: First Thursday, 7:30 p.m., Assumption Centre, Conference Room.

EMAIL: assumpch@shaw.ca
WEBSITE: www.assumptionchurch.homestead.com

ASSUMPTION CATHOLIC SCHOOL

7091 Glacier Street, V8A 1R8
(604) 485-9894
MIMI RICHARDSON Principal FAX (604) 485-7984

This is an Elementary school; grades kindergarten to nine.

BC SPCA, POWELL RIVER BRANCH

P.O. Box 394, V8A 5C2

Taped Message: (604) 485-0891

WEBSITE: <http://www.sPCA.bc.ca/powellriver>

AUDREY	Chairperson	(604) 483-3506
	Adoptions List & Found	
	Suspected Animal Cruelty	
THERESA	Spay/Neuter Program	(604) 485-2006
SHARIE	Donations/Memorials/Memberships	(604) 485-2374

General Branch Inquiries

EMAIL: powellriver@sPCA.bc.ca

The Powell River SPCA is a non-profit organization funded primarily by public donations. Our mission is to prevent cruelty and to promote the welfare of animals through a wide range of services. These programs and services include cruelty investigations, emergency rescue and arranging veterinary treatment, sheltering and adoption of homeless and abused animals, humane education, advocacy, farm animal welfare, and our spay/neuter program. We are seeking members, foster homes, dog walkers, and fundraisers. There is transportation of animals to/from local vet appointments or to/from Vancouver Island and Lower Mainland SPCAs for adoption. A variety of other volunteer opportunities are available so we urge people to call!

Scotiabank and BC SPCA Paws for a Cause....Walk for the Animals. We hold an annual Walkathon in September – our largest fundraiser and a fun-filled day for the whole family.

MEETINGS: Every 2nd Wed. at 7:00 pm (except July, August and December) at **Vancouver Island University on Selkirk Ave.**

BEAR AWARE POWELL RIVER

7252 Gilbert Street

LAURENCE EDWARDS	Contact	604 483-2334
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We work with the community to reduce number of bear / human interactions in our neighbourhoods. There is a voluntary group providing education about bear attractants and alerting public about bears in their area.

BEEKEEPERS ASSOCIATION, POWELL RIVER

CAROLINE STODDART	Contact	(604) 485-5232
GRAHAM LYON		(604) 485-6130

Bees and/or equipment must not be brought into Powell River from anywhere else.

BETA SIGMA PHI

LOUISE FLEMING	President	(604) 487-9191
ELAINE CATTERMOLE	Master	(604) 485-5322
SHARYN FINLAYSON	Preceptor	(604) 483-9349
MONICA PECKFORD	Xi Gamma Xi	

This is a sorority offering cultural and social services to its members. Membership is by invitation. Not affiliated with any universities or colleges.

BETTER BUSINESS BUREAU (BBB) BETTER BUSINESS BUREAU OF MAINLAND B.C.)

404 - 788 Beatty Street, Vancouver, B.C., V6B 2M1
(604) 682-2711 Fax: 604-681-1544
WEBSITE: www.mainlandbc.bbb.org
EMAIL: contactus@mainlandbc.bbb.org

We provide the public with business reliability reports as well as mediation and arbitration for business/consumer disputes. Also issues alerts on frauds and scams. Our telephone hours are 9 am to 3 pm and walk ins are 9 – 4 pm Monday to Friday. Non-profit organization supported by membership fees.

BICYCLE RECOVERY PROGRAM (see Powell River Association for Community Living (PRACL)

BIRTH CONTROL CLINIC see Options for Sexual Health

BIRTHRIGHT

437 10th Avenue, Room #211, Campbell River, B.C.
(250) 286-1712

EMERGENCY

1 (800) 550-4900

There are free pregnancy tests and services to help you consider your options. This is a Confidential Service. HOURS: 12:00 - 2:00 p.m., Tuesday, Wednesday, Thursday & Friday

BOWLING see Westview Bowling & Billiards

BOY SCOUTS OF CANADA, POWELL RIVER see Scouts Canada

BRAIN INJURY SOCIETY, POWELL RIVER

201-4741 Marine Avenue, V8A 2L2 DEBBIE DEE, BMT, FAMI Executive Director
Ph: (604) 485-6065 Fax: 604-485-6008 Toll Free: 1-866-499-6065

The Centre for Acquired Brain Injury

CATHERINE PETERSON	Centre Manager
DONNA NEWELL	Program Facilitator

BUS PASS PROGRAM (Government of BC)

Ministry of Employment & Income Assistance
PO Box 9985, Station Provincial Government
Victoria, BC V8W 9R3
Tel: 250-387-4331

Toll-free: 1-866-866-0800 Press 4, then 3 to get to the Bus Pass Program

Yearly \$45 bus passes. To Qualify you must be receiving any of the following: Old Age Pension and Federal Guaranteed Income Supplement or Federal Spouse’s Allowance; Spouse Allowance to Old Age Security; Over 65 years; would qualify for OAS and GIS except having less than 10 years residency in Canada; BC Employment And Assistance (60 years or older); or BC Employment and Assistance PWD Disability Assistance (18 – 64 years).

For more information, contact: **BC Bus Pass Program**

WEBSITE: <http://www.eia.gov.bc.ca/programs>

CABIN OWNERS ASSOCIATION, POWELL RIVER REGIONAL

Box 422, Powell River B.C. V8A 5C1

REAL SIGOUIN President (h):(604) 485-4888

MARTIN STRETTON Treasurer (h): (604) 485-9184

Cabin Owners Association has been formed to have a voice in the future of cabins on Powell Lake. We are concerned with government regulations, legal tenure, protection of water and environmental quality and social well being.

CANADA PENSION PLAN see Service Canada Centre (Powell River)

CANADIAN CANCER SOCIETY, THE GREATER VANCOUVER

230-3689 East 1st Avenue, Vancouver, B.C. V5M 1C2
604 253-8470

Toll-free info line: 1 (888) 939-3333

WEBSITE: <http://www.cancer.ca>

We are a national, community-based organization of volunteers whose mission is to eradicate cancer and enhance the quality of life for people living with cancer. Organizes the conquer cancer campaign and education of young people in schools. Sponsors the following programs:

LIVING WITH CANCER SUPPORT GROUP

Contact 1-888-939-3333

There is emotional support for cancer patients, family, friends & those who have lost someone to cancer. MEETINGS: 2nd Tuesday of each month from 1:30 – 3:30 pm at Breakwater Books, 6812A Alberni Street.

CAROL ROBERTS Contact: 604-485-9115

EMERGENCY AID 1 (888) 229-8288

For general information, support, and help with prosthetics call: 1-888-939-3333

To help cancer patients & their families with transportation, drugs & home care.

REACH TO RECOVERY-MASECTOMY

MARY LYNN HOPKINS Contact (604) 485-2221
LORRAINE MATHESON Contact (604) 485-6114
LESLEY GRAHAM Contact (604) 483-9120

We do hospital & home visits to recently diagnosed breast cancer patients. Offer one-on-one counselling & provide information. There are trained counsellors for women who have had breast cancer.

“PADDLING FOR LIFE”

LORNA CLARK Contact (604) 485-3795

We are Dragon Boat paddlers for breast cancer survivors. Phone the number above for more information.

POWELL RIVER BREAST CANCER SUPPORT GROUP

6960 Quesnel Street V8A 1J2 – Grief Point School Gym

LORRAINE MATHESON Facilitator (604) 485-6114
DELORES PFISTER (604) 487-9279

Group meets every Monday 4:45-6:30pm

CANADIAN COAST GUARD

#101 - 4510 Willingdon Avenue, V8A 2M8
(604) 485-7511

RAY BARNES O.I.C. FAX (604) 485-8423
HAL ROSS O.I.C. EMAIL powellriver@pac.dfo-mpo.gc.ca

Two vessels – Main Vessel: “Cape Caution”, is a 47’ Motor Lifeboat and the “Westview 1”, is a 24’ Rigid Hull Inflatable (Zodiac).

CANADIAN COAST GUARD AUXILIARY

#101 – 4510 Willingdon Avenue, V8A 2M8
Phone: (604) 485-7511

JACK RUSSELL Unit Leader (604) 483-1747

We are an organization of volunteers to assist the Coast Guard in Search and Rescue and Boating Safety.

Officers in Charge:

HAL ROSS
RAY BARNES

CANADIAN COUNCIL OF THE BLIND, POWELL RIVER CHAPTER

4527 Cook Avenue, V8A 3M1

GERALDINE BRAAK President H (604) 485-5028
EMAIL: gbraak@shaw.ca FAX (604) 485-2683

A social and recreational integration into the community that provides advocacy and educational concerns & peer support.

MEETINGS: 2nd Thursday, 1:30 p.m. at the Poplar Room at the complex.

CANADIAN NATIONAL INSTITUTE FOR THE BLIND, POWELL RIVER CHAPTER

4527 Cook Avenue, V8A 3M1
H (604) 485-5028 FAX (604) 485-2683

GERALDINE BRAAK Community Coordinator EMAIL: gbraak@shaw.ca

CANADIAN UNION OF POSTAL WORKERS (CUPW) LOCAL 808

P.O. Box 5, V8A 4Z5
FAX (604) 485-0323

ELAINE MACLEAN President W (604) 485-0332
EMAIL: cupw808@telus.net

CANADIAN UNION OF PUBLIC EMPLOYEES (CUPE) LOCAL 798

6274 Walnut Street, V8A 4K5
FAX (604) 414-0161
EMAIL: cupe798@telus.net

CONTACT (604) 414-0160

CUPE represents municipal, regional district and library employees.

CANDY STRIPERS see Health-Care Auxiliary, Powell River

CAREER LINK see Employment Program Society, Powell River (PREP)

CAREGIVER GROUP see Powell River Community Health

CARPENTERS' UNION OF B.C. LOCAL 2068

6239 Walnut Street, V8A 4K4
(604) 483-3036

HARRY KEILLOR Business Representative

CARPET BOWLING, COUNTRY CLUB

KATHY MAITLAND Contact (604) 487-9332

Carpet bowling in Lang Bay Community Hall, October - May: Tuesday, 2:00 p.m. Everyone welcome.

CARPET BOWLING see also Senior Citizens Association, Branch #49

CENTENNIAL HOMES see Sunset Homes Society

CHAMBER OF COMMERCE, POWELL RIVER

6807 Wharf Street, V8A 1T9
(604) 485-4051

DAVE FORMOSA President
KIM MILLER Manager

WEBSITE <http://www.powellriverchamber.com> EMAIL office@powellriverchamber.com

Promotes good government at all levels and promotes commercial, industrial, social and civic interest in the community. We provide small business information, and new resident information. Monthly luncheons listed in "Around Town" in The Peak newspaper.

OFFICE HOURS: 10:00 a.m. - 3:00 p.m. Mon.-Fri.

CHAMBER OF COMMERCE, TEXADA ISLAND

P.O. Box 249, Van Anda, BC, V0N 3K0

LINDA BRUHN President (604) 486-6760
ELAYNE BOLOTEN Secretary (604) 486-7457

For information regarding meetings, call Elayne. EMAIL brakes@telus.net

CHILD AND FAMILY SERVICES see Powell River Association for Community Living,

CHILD AND YOUTH MENTAL HEALTH CLINICAL COUNSELLING SERVICE see Powell River Child, Youth and Family Services Society,

CHILD CARE RESOURCE & REFERRAL PROGRAM see Pacific Care

CHILD DEVELOPMENT RESOURCE CENTRE see Sliammon First Nation

CHILDREN WHO WITNESS ABUSE PROGRAM see Powell River & Region Transition House Society

CHILDREN'S HELP LINE (FREE & CONFIDENTIAL) 310-1234

CHRISTIAN MOTORCYCLISTS' ASSOCIATION

#9 - 4651 Harvie Avenue, V8A 2P4
Cell Phone: (604) 414-9958

JEROME DESILETS Prayer Team Ministry (604) 485-4372
Prison Team Ministry, First Aid Ministry

WEBSITES: <http://www.cmacanada.ca> EMAIL: jedesilets@shaw.ca
<http://www.cmausa.org>

The Christian Motorcyclists' Association is a growing worldwide organization, whose main purpose is to share the Gospel of Jesus Christ. CMA promotes Christian fellowship among motorcyclists. It is a non-profit organization supported by its members. Call for local ride information and events.

CHRISTIAN SCHOOL, POWELL RIVER

Mailing Address: P.O. Box 218, V8A 4Z6
Location : 4368 Michigan Avenue

(604) 485-0006
FAX (604) 485-0240

WEBSITE : <http://prchristianschool.com> EMAIL: prcs@telus.net

A government-certified, non-denominational, independent school for students from preschool through grade nine. We strive to combine academic excellence with the spiritual development of our students to help equip them to handle all of life's challenges.

CHRISTMAS CHEER COMMITTEE

4873 Queens, V8A 5A4

SANDRA CARMEN	President	(604) 485-2142
OLGA LAPLANT	Spokesperson	(604) 483-9626
LESLIE FORD	Secretary	(604) 485-6682
CHERRIE HUNTER	Treasurer	(604) 485-6921

This is a Christmas project that distributes vouchers hampers and toys, with help from schools, churches, service clubs, general public and the municipality. For Texada Island, contact Olga LaPlant as well.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

6952 Courtenay Street, V8A 1X7
FAX (604) 485-9626

Family History Centre/ Building (604) 485-9446

MATT HULL Branch President (604) 414-0407

Sacrament meetings Sunday 9:30 a.m.; Sunday School 10:40 a.m.

CITY OF POWELL RIVER

6910 Duncan Street, V8A 1V4
(604) 485-6291
FAX, (604) 485-2913

WEBSITE <http://www.powellriver.ca>

EMAIL info@cdpr.bc.ca

STAN WESTBY	Chief Administrative Officer	(604) 485-8618
MARIE CLAXTON	City Clerk	(604) 485-8603
VACANT	City Engineer	(604) 485-8604
DAVE DOUGLAS	Director of Financial Services	(604) 485-8617
P.R. Bus Information (Transit)	6910 Duncan Street	(604) 485-4287
Pound & Bylaws (Municipal)	6910 Duncan Street	(604) 485-8600

MAYOR and COUNCIL: Mayor Stewart Alsgard and Councillors; D. Formosa, C. McNaughton, A. Pinch, M. Hathaway, D. Dee, J. Palm. (See Mayor and Council, City of Powell River). Services include engineering, public works, planning, building inspections, business licenses, by law enforcement, animal pound, airport and harbour, taxes, water and garbage, sewer and utilities.

OFFICE HOURS: 8:30 a.m. - 4:30 p.m. Monday to Friday.

COMMUNITY PLANNING

REGINA SADILKOVA Manager of Development Services (604) 485-8612

Services include planning, land use, subdivision, and property development.

PARKS, RECREATION AND CULTURE, POWELL RIVER

6910 Duncan Street V8A 1V4	Mailing Address	(604) 485-2891
5001 Joyce Avenue	Recreation Complex	FAX: (604) 485-2162
6274 Walnut Street	Dwight Hall	(604) 483-9359

BILL REID	Director of Parks, Recreation and Culture
MIKE ELVY	Manager of Leisure Services (Arena & Sports)
SANDRA CLARK	Manager of Leisure Services (Pool & Fitness)

We coordinate community recreation, sports and cultural programs. We are responsible for operating and programming the Recreation Complex including: Aquatic Leisure Centre, Arena, Rink and Evergreen Theatre; Dwight Hall, community

parks and play fields. We allocate school fields (after 4:00 p.m.) and gymnasiums (after 6:00 p.m.). Evergreen Ticket Box Office: Monday - Friday, 8:00 a.m. - 7:00 p.m.; Saturday 1:00 - 4:00 p.m.; closed Sundays and holidays.

CLIMBERS' ACCESS SOCIETY

EMAIL: fjordcoast@shaw.ca

COLIN DIONNE

Contact

(604) 689-7564

WEBSITES: <http://www.coastalbc.com> -Powell River area info <http://www.casbc.com> .
We are a Society providing Information on climbing and logistical support.

CLUB BON ACCUEIL

5110 Manson Avenue, V8A 3P1
FAX /PHONE (604) 483-3966

LINDA COSENTINO

Executive Manager

WEBSITE: <http://www.clubbonaccueil.com> EMAIL: admin@clubbonaccueil.com

CBA is a non-profit society serving the community of Powell River for over 40 years now. The society promotes the French language and culture. In addition, the society offers a range of programs such as the Beau Soleil Preschool, the Cote du Soleil Before and After school Daycare and a French Immersion Summer Camp. All programs are licensed and offered at Cote du Soleil School on Michigan Avenue. We also offer through the year a wide variety of cultural, community and social activities, a French book and film library and hall rentals for up to 110 people. Hours of operation: 10:00 – 4:00 p.m. Monday to Friday. Call for more information.

COAST CULTURAL ALLIANCE

Mailing Address:

4638 Sunshine Coast Highway,
Sechelt BC V0N 3A2

Office Address: Open by Appointment Only

The Rickwood,
5511 Shorncliffe Ave.,
Sechelt, B. C.

Sechelt: (604) 740-8288

WEBSITE: <http://www.suncoastarts.com>

EMAIL: artsinfo@suncoastarts.com

The Coast Cultural Alliance is a network of working arts, cultural and heritage groups and individuals whose efforts enhance the economic well being and cultural vitality of the Sunshine Coast. We produce monthly arts and cultural calendar; promote Sunshine Coast artists, including Powell River. Information is available at Visitor's Bureau, college, library and around town. Also produces the Yearly Purple Banner Studio & Gallery Guide, weekly on-line event and opportunity update, and monthly Artesia Coffeehouse.

COLUMBUS HALL see Knights of Columbus

COMMUNICABLE DISEASE CONTROL see Powell River Community Health

COMMUNICATIONS, ENERGY & PAPER WORKERS UNION OF CANADA, LOCAL 1

5814A Ash Avenue, V8A 4R4
(604)483-3411 FAX (604) 483-3114

GARY THORSELL President
ROB YOUNG Recording Secretary

COMMUNICATIONS, ENERGY & PAPER WORKERS UNION OF CANADA, LOCAL 76

5814 Ash Avenue, V8A 4R4
(604) 483-4130
FAX (604) 483-3117

MIKE VERDIEL President FAX (604) 483-3114
IAN THOMPSON Recording Secretary
EMAIL: local76@cep76.ca

**COMMUNITY ADVISORY GROUP TO WESTERN FOREST PRODUCTS INC.
STILLWATER TIMBERLANDS CSA ADVISORY GROUP**

RR#3, C-8 Zilinsky Road, Powell River, B.C. V8Z 5C1

VALERIE THOMPSON Secretary/Facilitator (604) 487-1700

WEBSITE <http://www.cagstw.org>

The Community Advisory Group provides advice to Stillwater Timberlands, Western Forest Products Inc. for the continued development, improvement and implementation of sustainable forest management practices. The Group is comprised of a broad section of the Powell River community. Members contribute their knowledge and interests from backgrounds in environment, business, and forestry related occupations, tourism, local government, and recreation. It also provides a venue for the discussion of forestry issues which arise from the Defined Forest Area which encompasses TFL 39 Bk 1, and which relates to the local community. The group also provides community, industry, First Nations and government with the opportunity to share information and learn from each other. MEETINGS: Once a month.

COMMUNITY CORRECTIONS, POWELL RIVER

125 - 6953 Alberni Street, V8A 2B8
Toll-Free: 1 (800) 475-0091

Adult Probation Officer (604) 485-3601
FAX (604) 485-3606

Prepares comprehensive reports for the court; supervises accused and offenders on bail, probation or parole and has local contracts for community work service (including aboriginal and native justice), diversion from courts, and victim reparation. Adult sexual offenders are referred to treatment in Courtenay.

OFFICE HOURS: 8:30 a.m. to 4:30 p.m. (Closed 12:00 - 1:00) weekdays.

COMMUNITY EDUCATION see Powell River Community Health

COMMUNITY FOUNDATION, POWELL RIVER

4721 Joyce Avenue, V8A 3B5

Tel: (604) 483-8678

FAX (604) 485-7312

REAL SIGOUIN	President	(604) 485-4888
JEFF SAUVE	Vice President	(604) 485-4048
SHARON SAWYER	Secretary/Treasurer	(604) 485-5813
MERV KOSZMAN	Grants Chairman	(604) 485-6962

COMMUNITY FUTURES DEVELOPMENT CORP. POWELL RIVER

4717 Marine Avenue 2nd Floor, V8A 2L2

(604) 485-7901 FAX (604) 485-4897

PAM KROMPOCKER	Executive Director
SHEONA SCOTT	Chair

WEBSITES <http://www.prfutures.ca> EMAIL pam@prfutures.ca

We are "Growing communities' one idea at a time"- economic development of the community through business development services and self-employment programs.

HOURS: 8:30 Am – 4:40 PM, Monday – Friday.

COMMUNITY GARDEN

4880 Manson Avenue

FAX/PHONE (604) 485-7106

DONNA DUNNING	Contact	(604) 487-0647
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A community garden with plots that are available for people who would like to garden. For more information call Donna. HOURS: Sunday, 1:30 - Friday, 1:30. Christmas dinner, held Christmas Day from 2:00pm to 3:30pm.

COMMUNITY LIVING BRITISH COLUMBIA

A Crown Agency of the Provincial Government

#205 - 4801 Joyce Avenue, Powell River, B.C. V8A 3B7 www.communitylivingbc.ca

Toll free Phone: 1-888-981-0110

MARY DOWDALL	Manager:	(604) 981-0110
KEN MORITA	Facilitator	(604) 485-0617

Assists families and individuals in planning for a community based integrated life. Assist families in accessing CLBC and community resources for children with special needs and community living for adults. OFFICE HOURS: 8:30 am – 4:30 pm Monday – Friday.

COMMUNITY LIVING SUPPORT SERVICES see Mental Health and Addiction Services

COMMUNITY TELEVISION - see Shaw Cable

COMPASSIONATE FRIENDS

6050 Lois Street, V8A 4T7

SHANNON STEVENS

Contact

(604) 483-3108

Self-help bereavement group comprised of parents who have suffered the death of a child. The causes of death are many: stillbirth, infant death, illness, accident, and suicide. Our common bond is that we have lost a child.

RECREATION COMPLEX see City of Powell River - Leisure Services

COMPOSTING HOTLINE

WEBSITE: <http://cityfarmer.org>

Vancouver: (604) 736-2250

CONSERVATION OFFICER SERVICE /MINISTRY OF WATER, LAND AND AIR PROTECTION

WEBSITE: www.gov.bc.ca/env/

RAPP LINE - (Report All Poachers and Polluters)

1-877-952-7277

Use the 24-hour hotline to report incidents of environmental violations (i.e. unlawful disposal of wastes, illegal hunting/fishing, and habitat degradation) and to report serious confrontations with wildlife (i.e. bears, cougars).

COUNCIL OF CANADIANS, POWELL RIVER CHAPTER

R.R. #2 Malaspina Road, C -77 Powell River B.C. V8A 4Z3

DENISE REINHARDT

Communications Coordinator

(604) 483-3683

Fax:

(604) 483-4907

EMAIL: denise@creativemediation.com

An independent, non-partisan, public interest citizens' organization that provides a critical voice in key national issues, safeguarding our social programs, promoting economic justice, renewing our democracy, asserts our sovereignty, promoting alternatives to corporate-style free trade and preserving our environment. It was established in 1985. There are over 100,000 members and supporters. There are monthly meetings, except in the summer. Call for more information.

CRANBERRY RATEPAYERS' ASSOCIATION

7068 Cranberry Street, Powell River, B.C V8A 3Z8

TONY COLTON

President

(604) 414-0556

We strive for the betterment and advancement of the Cranberry community.

CRIB CLUB, LANG BAY

RR3, Maitland Road Comp 1, V8A 5C1

ROB MAITLAND	Contact	(604) 487-9332
BILL & LAURA FOSTER	Contact for Carpet Bowling	(604) 485-4043

GAMES: Thursdays, 7:30 p.m., starting mid-October and ending mid-April at Lang Bay Hall.
Whist: Mondays, 1:30pm after September 8 until April. Carpet bowling: Tuesdays, 2:00pm.
New members welcome.

CRIB CLUB, WESTVIEW

GERRY BENNETT	President	(604) 485-5253
JOHN STEWART	Vice President	
MARVIN BRETTELL	Secretary	(604) 485-0275

Please phone Gerry Bennett for more information.

CRIB see listings above and also Senior Citizens' Association Branch #49

CRISIS CENTRE, VANCOUVER

Toll-Free Distress Line: 1 (866) 661-3311
TTY Toll-Free Distress Line: 1 (866) 872-0113
Toll-Free Suicide Line: 1 (800) SUICIDE (784-2433)
Internet chat-line for youth - www.youthinbc.com
Business Line: 1-604-872-1811
WEBSITE <http://www.youthinbc.com>

There is a website chat for youth, info and resources for youth & their families.
There is a 24 hour crisis line, staffed by trained volunteers + multi-lingual interpretation for non-English speakers.

CURLING CLUB, POWELL RIVER

5750 Crown Avenue, V8A 4B3
(604) 483-9551

KATHY PARR-PEARSON	Manager	
NORMAN BOYD	Ice Technician	(604) 485-5221

Men's, Ladies', Seniors', Juniors' and mixed curling from October to March, four nights per week, plus Tuesday and Thursday afternoons. Fun spiels on weekends. Summer spiels at Complex. Registration is in September. Drop-ins welcome any time to curl or watch. There is a licensed lounge. Call for more information.

DANCE, SCHOOL OF see Academy of Music

DANIELLE SUPPORT ORGANIZATION

6447 Hillcrest Avenue, V8A 4Y5

NADEEN COX	President	(604) 483-9628
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Aids people in the Powell River District who are experiencing medical financial crisis for treatment that cannot be administered locally. All funds are raised locally for use by people in our community.

DART ASSOCIATION, POWELL RIVER

VICKI STROOMER	President	(604) 414-4585
NICOLE BICMO	Secretary/Treasurer	(604) 485-6967

Players 19 and older play every Tuesday at 7:30 p.m. at the Carlson Club. Season starts in September.

DENTAL HEALTH see Powell River Community Health

DEVELOPMENT CORPORATION see Sliammon First Nation

DIABETES ASSOCIATION, POWELL RIVER BRANCH OF CANADIAN

P.O. Box 25, V8A 4Z5

Toll-free 1 (800) 226-8464

WEBSITE <http://www.diabetes.ca>

EMAIL info@diabetes.ca

HEATHER BERGER	Committee Member	(604) 487-9173
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Education about diabetes and support for newly diagnosed diabetics; summer camp for diabetic children. Meetings are advertised in local newspapers.

DIAL-A-LAW

Toll Free: 1 (800) 663-1919

Vancouver: (604) 687-3211

WEBSITE <http://www.dialalaw.org>. Also see Lawyer Referral Service on page 44.

Dial-A-Law is a library of scripts prepared by lawyers. It offers general information on 127 legal topics on law in B.C. If you need further information, you should consult a lawyer. Dial-A-Law is a free service that is available by telephone 24 hours a day, 7 days a week and on the Internet. Dial-A-Law is funded by the Law Foundation of British Columbia and is operated by the BC Branch of the Canadian Bar Association.

DIRECTORY OF COMMUNITY SERVICES see Powell River Community Services Association

DRAKE MEDOX HEALTH SERVICES

4698 Marine Avenue, V8A 2L4

(604) 485-2508 WEBSITE: <http://www.drakemed.ca>

EMAIL: drakemedox@telus.net

MICHELLE MCINTOSH	Contact	FAX (604) 485-2566
SANDY WILLIAMS	Contact	

This is a Private Service offering total family care of a preventive nature and support for the caregiver. Service includes home support (casual or live-in); palliative care; nursing;

companions or chaperons; respite care; RN foot care; child care; paramedical and specimen transfer. There are also Aids for daily living.

DUTCH LANGUAGE INTERPRETER see Interpreter, Dutch

DWIGHT HALL see City of Powell River, Leisure Services

EASTER SEAL HOUSE

3981 Oak Street, Vancouver, BC, V6H 2M7

(604) 736-3475

FAX (604) 736-3495

For bookings, reservations, and cancellations only: Toll-free 1 (800) 818-3666

WEBSITE <http://www.lionsbc.ca>

EMAIL: ssimpson@lionsbc.ca

Shelter and support for out-of-town families of children staying in Vancouver for any medical reason. Charges: \$20 per adult guest with child patient (unlimited stay), \$25 for adult patients or adult guests of adult patients (limited to 7-10 days) \$7 for children under 18 years old, not in treatment. No charge for children who are patients. The house has 49 self-contained rooms with kitchens, utensils and washrooms, laundry facilities and underground parking.

EASTERN STAR, POWELL RIVER CHAPTER #97 (ORDER OF THE)

BARBARA ARMOUR

Worthy Patron

BRIAN MASTERS

Worthy Matron

PAT KRELL

Secretary

(604) 483- 2237

EMAIL: pwkrell1@telus.net

We are the largest fraternal organization for men and women in the world. We raise funds to buy equipment for the Cancer Hospitals in B.C., and for cancer research; prepares bandages for cancer dressings and supplies dressings to cancer patients free of charge (upon doctor's referral). We also collect used stamps and postcards that are sold to raise money for cancer projects. We do other community work and provide scholarship for local student. Scholarships are available for religious training.

ECOLE CÔTE DU SOLEIL

4368 Michigan Avenue, V8A 2S1

(604) 485-8430

FAX (604) 485-8460

EMAIL cotedusoleil@csf.bc.ca

VIVIANE HAYEUR

Principal

DANIELLE WALFORD

Pre-School

JEAN MARC OUELLET

Day-care

STEPHANIE BLEAU

Day-care

TINA BEVANS

Parent Advisory Council Vice-President

CHRIS WALFORD

Parent Advisory Council President

The École Côte du Soleil Community School is a Programme Francophone school for full-day kindergarten to grade 9 and operates entirely in French. Senior grades attend Brooks Secondary. Beginning French courses are offered regularly and intermediate courses as demand warrants. Other activities include extra-curricular sports, clubs and workshops for students and families. PAC MEETINGS: 2nd Tues 5 pm at the school.

CENTRE DE LEADERSHIP ET D'AVENTURE EN NATURE (CLAN)

4368 Michigan Avenue V8A 2S1

MICHEL THIBEAULT

Phone: (604) 485-8412

Fax: (604) 485-8413

EMAIL: michel_thibeau@csf.bc.ca

ECONOMIC DEVELOPMENT - see Powell River Regional Economic Development Society

EMPLOYMENT INSURANCE see Service Canada (Powell River)

EMPLOYMENT SUPPORT SERVICES see Powell River Community Living Association

ENJOYMENT BAND

MARTIN ROSSANDER

Contact

(604) 485-6455

WALTER PERRY

Contact

(604) 485-8435

Old Time music of the 1900's to 1970's. Play for community events.

ENVIRONMENTAL HEALTH see Powell River Community Health or Vancouver Coastal Health

ENQUIRY BC (SERVICE BC)

TOLL-FREE: 1 (800) 663-7867

Use Provincial government information and toll-free transfer to offices around the province (to avoid long-distance charges). HOURS: 7:30 am – 5:00 pm, Monday – Friday

EVANGEL PENTECOSTAL CHURCH

5139 Manson Avenue, Powell River, B.C. V8A 3P2

PHONE (604) 483-4283

FAX (604) 483-4291

KEN LAMDEN

Senior Pastor

MAEGAN KIMBAL

Children and Pre-Teens

MARK LAMDEN

Youth and Young Adults

EMAIL evangelchurch@telus.net

WEBSITE <http://www.evangelpc.com>

OFFICE HOURS: 9:00 a.m. - 5:00 p.m. Tuesday – Friday. We are closed between 12:00pm and 1:00pm.

Sunday Services 10:00 a.m.

Super Church for kids 10:00 a.m. (Except during July and August).

Home Bible Studies - Sunday evenings

Youth Group - Friday evenings

EVERGREEN COURT see Kiwanis Village – Kiwanis Club

EVERGREEN EXTENDED CARE see Powell River Community Health Council

FACTS OF LIFE PHONE LINE see Options for Sexual Health

FAITH LUTHERAN CHURCH

4811 Ontario Avenue, V8A 5B9

(604) 485-2000

CAROL J. DENNISON

Pastor (in emergency)

PH: (604) 485-1232

ELISABETH VON HOLST

Contact

PH: (604) 485- 4767

INGE-LORE FREEMAN

Contact

PH: (604) 485-2350

WENDY NORGRÉN

Prayer Chain

PH: (604) 483-9777

Worship 10:00 a.m.

Women's Group – 1ST Monday, 1:00 pm (location church)

Wheelchair accessible. Visitors are welcome.

FAMILY COURT COUNSELLING see Family Justice Services, Powell River

FAMILY JUSTICE SERVICES

FAMILY JUSTICE SERVICES, POWELL RIVER

#13 - 6953 Alberni Street, V8A 2B8

MARC LAVERTU Family Justice Worker

(604) 485-3605

CELL (604) 740-1361

Toll Free 1 (888) 245-1903

FAX (604) 485-3616

FAMILY JUSTICE SERVICES, SECHELT

Box 99, #203 - 5710 Teredo Square, Sechelt, BC, V0N 3A0

(604) 740-8936

Toll Free1 (888) 245-1903

FAX (604) 740-8963

WEBSITE <http://www.ag.gov.bc.ca/family-justice>

Part of a network of family justice centres across the province who are staffed by mediators certified by Mediation Canada to assist families undergoing separation or divorce with issues related to child custody, access, guardianship, and child support or spousal support.

FAMILY SUPPORT SERVICE see Powell River Association for Community Living

FAMILY VIOLENCE & SEXUAL ASSAULT COMMITTEE

SPECIALIZED VICTIM SUPPORT SERVICES

STEFANIE CAMPBELL Specialized Victim Support Coordinator (604) 485-2620
EMAIL: svss@telus.net Chair

WENDA ALLEN STV Outreach Program Support Worker (604)485-6980
EMAIL: stvoutreach@telus.net

Representatives from all agencies who deal with family, relationship or sexual violence coordinate their efforts, monitor and improve their services, and provide community and professional education.

FAR OFF BROADWAY

5848 Ash Avenue, Powell River, B.C. V8A 4R6
EMAIL faroffbroadway@shaw.ca

CAROLEANN LEISHMAN President
MYRNA LEISHMAN Secretary (604) 485-2944
ANN NELSON Treasurer (604) 483-9930
EMAIL: thepatricia@shaw.ca

There are theatrical productions and training.

FARMERS INSTITUTE, POWELL RIVER

HELENA BIRD President (604) 483-9546
EMAIL: bird483@telus.net WEBSITE: <http://www.prfarmers.com>

We promote agriculture; including small and large animal husbandry, family and commercial gardening, and producer and consumer issues in the Powell River area. Meetings held quarterly. We have Guest speakers at meetings. Contact Helena for more information.

FARMERS' MARKET: see, Powell River Agricultural Association, Open Air Market.

FIBROMYALGIA SELF-HELP GROUP

MARGARET COUSINS Contact (604) 485-5664
EMAIL: mbcousins@shaw.ca
DIANE THOMPSON Contact (604) 485-1291

MEETINGS: 1:00 pm – 3:00 pm - 1st Wednesday at the Cranberry Seniors Centre. No meetings in July & August.

Volunteer fire department, house numbers, burning permits.

FIRE FIGHTERS ASSOCIATION, POWELL RIVER PROFESSIONAL

Associated with International Association of Fire Fighters, Local #1298
6965 Courtenay Street, V8A 1X6
(604) 485-9498

BILL GRANTHAM President FAX (604) 485-9498

BURN FUND

KEVIN CULOS Contact EMAIL local1298@shaw.ca

Ongoing fund-raising campaign by Fire Fighters for the Burn Unit at the Vancouver General Hospital and local burn victims as needed.

LINK FOR LIFE SOCIETY, POWELL RIVER

CHRIS PHYALL Contact (604) 485-9498
We are a non-profit society that raises funds for emergency equipment in Powell River.

MUSCULAR DYSTOPHY CANADA

Contact: local1298@shaw.ca

FIRE HALL see Sliammon First Nation

FISH AND WILDLIFE BRANCH see Conservation Officer Service

FISHERIES AND OCEANS, DEPARTMENT OF

7255 Duncan Street, V8A 5M6
FAX (604) 485-7439
OFFICE HOURS: 8:30 a.m. - 12:30 p.m. weekdays.

JOANNE MCGOWAN Office Manager (604) 485-7963

-Conservation and protection of fisheries resources.
-Contact Habitat Officer regarding Fisheries regulation of logging, urban and offshore development.

FLYING CLUB, WESTVIEW

7508 Duncan Street, V8A 1W7 Club House (604) 485-6916

SELINA SMITH Contact EMAIL: selina557@gmail.com

We are a community of pilots and aviation enthusiasts. We sponsor the COPA for Kids program and Red Knight Squadron #22 (Air Cadets) and we offer aircraft and

Hangar rental. New members welcome. Meetings: 2nd Tuesday, 7:00p.m: Airport Clubhouse.

FOOD BANK ACTION CENTRE SOCIETY, POWELL RIVER AND DISTRICT

6812D Alberni Street, V8A 2B4

GINA KENDRICK

Administrator

(604) 485-9166

Food bank funded by donations & unions. Volunteers welcome. HOURS: 10:00 - 2:00 Tues - Thurs. (closed from "Welfare Wednesday" until the 1st Tues. of the next month. Donation boxes at Safeway Save-On-Foods, Mitchell Brothers, Don Logan's Meat Village & Quality Foods.

FOOD SECURITY COALITION

c/o PREP Society

103 – 4511 Marine Avenue, V8A 2K5 (Mailing Address)

PHONE: (604) 485-2004

EMAIL: prep@prepsociety.org or fsp@prepsociety.org

The Food Security Coalition was established in 1998 and is open to all community members who are interested or involved in any aspect of food security for Powell River. The mission of the FSC is:

"The Food Security Coalition strives to enhance food security locally by:

- linking food and related interests through communication and partnerships;
- promoting food awareness through information gathering and education;
- initiating, supporting and participating in food action;
- encouraging community development by sharing information, skills, and resources;
- advocating and recommending policy regarding food and related issues;
- Supporting the development of the local food economy."

FOSTER PARENTS OF POWELL RIVER

RR2-C-9, Southview Rd. V8A 4Z3

ROXANNE PENNER

President

(w) (604) 414-9335

Also: Children's Services EMAIL: roxannepenner@shaw.ca

FAX (604) 414-9336

This is a service that provides education and support to foster parents. Monthly meetings: Phone for details.

4-H CLUB

MAUREEN VENABLES

Community Club

(604) 483-4534

DIANA SKILLEN

Horse Club

(604) 483-2445

4H is an International organization that promotes leadership in youth. Information is available at www.bc4hbc.ca. 4H welcomes you 9 – 19 years of age and our motto is "Learn to Do by Doing".

There are two 4H clubs in Powell River, the "Community Club" and the "Horse Club". The Community Club offers projects in sewing, foods, crafts and photography. The Horse Club offers projects for young people that own or lease a horse.

DIANA WOOD

Contact

(604) 485-2860

We organize an annual spring tour of selected gardens and homes from Lund to Saltery Bay on the Sunday of the Victoria Day weekend. Proceeds dedicated to community projects: Green space, beautifying, etc.

GAY PRIDE see PRIDE Line

GENEALOGY GROUP, POWELL RIVER

#8 -3818 Joyce Avenue V8A 2Z1

Website: www.rootsweb.ancestry.com/~bcprgg/prgg.htm

HELENA ROGERS

President

(604) 485-5200

EMAIL: lhrogers@telus.net or hmr1962@hotmail.com

MOYRA PALM

Contact

(604) 485-9549

EMAIL: thepalms@shaw.ca

Searching for your family roots? MEETINGS: Last Sunday (except July, August and December) at 7:30 p.m at Cranberry Senior Centre.

GERMAN LANGUAGE INTERPRETER see Interpreter, German

GIDEON'S INTERNATIONAL IN CANADA

WILLIAM R. FOSTER

Contact

(604) 485-4043

EMAIL retsof@shaw.ca

We provide Bibles to local hospital, hotels, jail cells, & children, SERVICES: 2nd Monday, 7:30 p.m.

GILLIES BAY IMPROVEMENT DISTRICT (TEXADA ISLAND)

P.O. Box 102, Gillies Bay, BC, V0N 1W0

(604) 486-7757

MANFRED BRANDT

Chair

PHONE (604) 486-0351

There is street lighting, fire protection and water distribution for Gillies Bay.

GIRL GUIDES OF CANADA

HOLLY COMBS

Malaspina Strait- District Commissioner

(604) 485-0802

JENNI HALLIDAY

Malaspina Strait District Representative

(604) 486-7468

For Texada Island

Girl Guides of Canada

Girl Guides of Canada British Columbia

Membership Hot Line 1-800-565-8111

WEBSITE <http://www.bc-girlguides.org>

EMAIL j.halladay@hotmail.com

The aim of the Girl Guides of Canada/Guides du Canada is to help girls and young women

become responsible citizens, able to give leadership and service to the community, whether local, national or global. Age listings: Sparks: 5-6, Brownies 7-8, Guides: 9-12, Pathfinders: 12-15, Senior Branches: (Rangers, Cadets & Junior Leaders) 15-17. Links: 17-30, Guiders: (adult female leaders) 19 and up.

GOLF CLUB, MYRTLE POINT

RR1, C5, McCausland Road, V8A 4Z2

FAX (604) 487-1157

WEBSITE: <http://www.myrtlepointgolfclub.com>

TED HUNT	Grounds Superintendent	(604) 487-4488
VANESSA OLSEN	Office Administrator	(604) 487-0037
TRACEY BRANDSMA	Food Manager	(604) 487-4537

Activities include golf lessons, charity golf tournaments and occasional social events. Ocean view dining facilities open to everyone that seat up to 120 people. Golf is played year round.

GOOD FOOD BOX PROGRAM

EMAIL prgoodfoodbox@shaw.ca

KIMBERLEY MURPHY-HEGGELAR Contact (604) 483-3045

The Good Food Box is a program open to anyone. Participants pay \$12 each month for a box of produce worth somewhat more than \$12. Anyone interested can sign up for a Good Food Box through the Family Place in the Town Centre Mall (604) 485-2706 or through the Prep Society (604) 485-2004. You can also contact Kimberley at the number listed above or through the email listed above.

GRACE TRANSITION HOUSE see Powell River and Region Transition House Society

GREATER VANCOUVER COASTAL DISTRESS LINE see Crisis Centre, Vancouver

GYMNASTICS CLUB, POWELL RIVER

FAX/PHONE (604) 485-0520

JOYCE PERCEY Executive Director

WEBSITE: www.prgymnastics.ca

We offer competitive and recreational gymnastics for girls and boys – all ages and stages.

HAEMOPHILIA SOCIETY

ROSE PAGANI Contact (604) 485-6434

HALL SOCIETY, POWELL RIVER

5814 Ash Avenue, V8A 4R4

(604) 483-3117

EMAIL: hallrentals@cep76.ca

Call or email for information above. The Union Hall is available for rent, contains full kitchen facilities. There is a maximum of 116 people, available night or day.

HANDYDART

(604)483-2008 EMAIL:prhandydart@shaw.ca

WEBSITE: <http://www.busonline.ca>

We offer a door-to-door transportation service for those who are unable to use the conventional bus service. Operates within municipal boundaries, Monday - Friday, 8:00 a.m. - 3:00 p.m. See also RURAL TRANSIT. (Also online)

HARLEY OWNERS' GROUP, POWELL RIVER

DAVE WATSON (604) 485-2289

EMAIL: meatman1@shaw.ca

BILL KOKE (604) 485-6985

EMAIL: rumandkoke@shaw.ca

JERRY LEWIS (604) 483-3418

EMAIL: jethro507@shaw.ca

A group of Harley-Davidson motorcycle owners who get together to “share their passion and show their pride”. Anyone interested in joining contact for more information.

HEALTH-CARE AUXILIARY, POWELL RIVER

5000 Joyce Avenue, V8A 5R3

CHRIS KIMPTON President (604) 489-0212

KAY MATTERSON Secretary (604) 485-5375

We are concerned with the provision of health care in Powell River, including the comfort and well-being of patients in the Powell River General Hospital, Evergreen Extended Care and the Olive Devaud. We sponsor the Candy Stripers (care and assistance for patients in the hospital, ECU and Olive Devaud). Funds are raised for hospital equipment. Operates a gift shop in the hospital, Red Cross Loan Cupboard (medical equipment at no cost), a library, transportation to and from x-rays, tests, etc. and school tours. MEETINGS: 2nd Thursday, 7:30 p.m., Hospital Cafeteria. (Members Only) We also operate the following:

HOSPITAL AUXILIARY ECONOMY SHOP

7030 Alberni Street, V8A 2C3 (604) 485-0110

LORRAINE HANSEN Economy Shop Convener

Proceeds are donated to health care in the community. HOURS: 10:00 a.m. - 4:00 p.m., Tuesday – Saturday.

TEXADA ISLAND UNIT

Contact the Area Office of Vancouver Island and Powell River for contact information. Memorial donations accepted.

VICTORIA HEART HOUSE,

1580 Pembroke Street, Victoria, BC, V8R 1W2
FAX (250) 595-1945

For Reservations (250) 595-1931

LISA CALDER	Administrative Officer	(250) 595-2123
TERRY RILEY	President	(250) 595-2123

WEBSITE <http://www.fohs.bc.ca>

EMAIL fohs@fohs.bc.ca

Shelter and support for families of out-of-town cardiac patients and their families, and other patients when space is available. The rate is \$52.50 per night for single; \$70 per night for double, \$85 for trio (all including GST) - includes continental breakfast. Operated and owned by the First Open Heart Society of BC.

HELENA HALL SOUP KITCHEN

Seventh-Day Adventist Church, 4880 Manson Avenue
FAX/PHONE (604) 485-7106

MARILYN MCLAREN	Contact	(604) 485-6238
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Soup Kitchen: Tuesdays and Thursday
Fresh food on Tuesday, Wednesday and Thursday 12- 1:30pm

HIGHLAND DANCERS, POWELL RIVER

5559 Nelson Avenue, V8A 4C9

MARGARET WROTONY, S.D.T.A.	Instructor	(604) 483-2044
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ASHLEY WATSON	Instructor	(604) 414-0997
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LESSONS: Tuesdays and Thursdays, 4:00 - 8:00 p.m.

HIV/AIDS see AIDS Powell River Community Health

HOCKEY, POWELL RIVER ICE CATS WOMEN'S

TRACI ABBOTT	Contact	(604) 485-5889
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HOCKEY, LUND

DAN RAYNER	Contact	(604) 485-6203
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Recreation hockey. Call for times to meet.

HOSPITAL EMPLOYEES UNION (HEU), POWELL RIVER LOCAL

CHRIS DUCKETT Chairperson “pro-tem” (604) 485-7361
EMAIL: cduckett@telus.net

HOSPITAL EMPLOYEES UNION (HEU), OLIVE DEVAUD LOCAL

JANICE RIVEST Chairperson (w) (604) 485-9868

HOSPITAL FOUNDATION, POWELL RIVER GENERAL

5000 Joyce Avenue, V8A 5R3
Ph: 604-485-3211 Local 4349
WEB www.prghfoundation.com

ROD TYSDAL President (604) 485-4165

DAVID HARPER Vice-President
& Chair of the CAT SCAN Fund Raising Campaign (604) 485-5145
EMAIL: harpfen@telus.net

SHIRLEY KOLESZAR Secretary (604) 485-5540
EMAIL: sjkoleszar@shaw.ca

JANNA PACKARD Treasurer (604)487-4305

We further the improvement of patient care in Powell River General Hospital through providing support for development and equipment, which is not funded. We gratefully accept donations, benefices, and legacies for these. Funds are designated to current foundation projects. HOURS: Wednesdays from 9:00am – 12:00pm.

HOSPITAL, POWELL RIVER GENERAL see Vancouver Coastal Health Authority

HOTEL, RESTAURANT, CULINARY AND BARTENDERS UNION, LOCAL 40

1(800) 663-1728

JIM PEARSON President/Administrator (604) 473-4830
LORRIE DYER Vice President
SHELLY ERVIN Secretary/Treasurer (604) 473-4831

HUNGARIAN LANGUAGE INTERPRETER see Interpreter, Hungarian

INFANT DEVELOPMENT PROGRAM see Powell River Association for Community Living

INFORMATION SERVICES VANCOUVER

#202 – 3102 Main Street, Vancouver, BC, V5T 3G7
604 875-6431
FAX 604 660-9415

WEBSITE <http://www.communityinfo.bc.ca> EMAIL help@communityinfo.bc.ca

We provide free and confidential information and referral services to British Columbians. We maintain a resources database and library on community services. Publishes the Red Book: Directory of Services for the Lower Mainland – online: www2.vpl.vancouver.bc.ca/Redbook

Services include the following:

INFORM VANCOUVER 604 875-6381

We provide Information and referrals for the Lower Mainland. We also provide information on and referral to, community and social services, including counselling, health, financial assistance, housing, employment, education, recreation, cultural and legal services.

HOURS: **24 hours, seven days a week.**

TTY INFORMATION 604 875-0885
TEXT MESSAGING 604 836-6381

Deaf and hard of hearing people can access all the same information, referrals, and support that is available via our other services by calling ISV's TTY at (604) 875-0885 or by Text Messaging us at (604) 836-6381.

Hours: **24 hours, seven days a week.**

VICTIMLINK Toll Free 1 800 563-0808

This is for victims of family and sexual violence and all other crimes. Victim service workers provide crisis support and referrals to a network of community, social health, justice and government resources, including victim services, transition houses and counselling services. They also offer information on the justice system, relevant federal and provincial legislation and programs, crime prevention, safety planning, and the Protection Orders Registry.

HOURS: **24 hours, seven days a week.**

ALCOHOL AND DRUG INFORMATION & REFERRAL SERVICE

Outside of Lower Mainland (Toll-Free): 1 800 663-1441
Vancouver: (604) 660-9382

For people needing help with any kind of substance abuse. Referrals include treatment services for adults and youth, educational /prevention resources, self help

groups, contacts for foetal alcohol syndrome and other addiction concerns.
HOURS: 24 hours a day, seven days a week.

PROBLEM GAMBLING INFORMATION & REFERRAL SERVICE

Toll Free 1 (888) 795-6111

This is for people wanting help and information about problem gambling. Referrals include counseling services for adult and youth, prevention resources, self-help groups and other community services.

HOURS: **24 hours a day, seven days a week.**

Youth against Violence Line

(Toll Free) 1 800 680-4264

Young people in BC can call anonymously to prevent or report incidents of youth violence or crime, or to seek assistance. Parents, teachers, caregivers, service providers and others can also call for information about youth-related issues such as bullying and gangs. We are funded by the Ministry of Public Safety and Solicitor General. Hours: 24 hours, seven days a week.

All our services are toll-free, confidential, anonymous, and multilingual.

INTERNATIONAL AGLOW CANADA, POWELL RIVER CHAPTER

HAZEL RICHMAN Area Representative 604-485-9168

A network of women from the community, from all walks of life. We offer a spiritual and social meeting that aids women to experience love, support, friendship and fun.
Meeting: Monthly as advertised.

INTERNATIONAL EDUCATION PROGRAM, POWELL RIVER

4351 Ontario Avenue, V8A 1V3
FAX (604) 485-6435

BRIN BYMIN Director (604) 414-2608

WEBSITE <http://www.prschools.net> EMAIL bbymin@sd47.bc.ca

International Students Education Program, part of Powell River School District #47: Canadian High School, ESL Immersion, Home Stay Program.

INTERPRETER, GERMAN

4693 Michigan Avenue, V8A 2T2
FAX (604) 485-5156

ELISABETH VON HOLST Interpreter (604) 485-4767
EMAIL Mevh@telus.net

Speaks, reads and writes German. I will volunteer for emergencies.

KARATE see Powell River Martial Arts Academy

KATHAUMIXW, INTERNATIONAL CHORAL see Academy of Music, Powell River

KELLY CREEK COMMUNITY CHURCH

2380 Zilinsky Road, V8A 5C1

EMAIL kellyck@telus.net Website www.kellycreekcc.org

Office Hours: Monday – Thursday 9am - 4pm

MIKE MARTINIG

Pastor

(604) 487-1884

Sunday Services: 10:00am

Church Service and Sunday school is offered each week during the morning service. .

KELLY CREEK COMMUNITY SCHOOL RECREATION PROGRAM

C35 RR 3 Patrick Road, V8A 5C1

Email llee@sd47.bc.ca

LAURIE LEE

Coordinator

(604) 487-9925

FAX (604) 487-0808

We run programs for children and adults in the Powell River region, including recreation, arts, sports, and music and family activities. Scheduled after school (2:30 pm – 8:30 pm), weekends and summer. After-School Day-care available: 2:30 – 8:30 pm.

KIDNEY FOUNDATION

KIM MILLER

Contact

(604) 414-0024

WEBSITE <http://www.kidney.ca>

Door-to-door fund-raising drive takes place in March.

KINSMEN REHABILITATION FOUNDATION OF BC & YUKON

Suite 3 - 33361 Wren Crescent,

Abbotsford, B. C. V2S 5V9

Attn: Mr. David Owen, CEO

Telephone: (604) 233-1993

Toll Free – 1-866-335-1234

Fax: 604-852-4501

EMAIL: daveowen@shaw.ca

This is a provincial non-profit society that provides services to people with physical disabilities. We serve the needs of physically disabled adults. There are Grants available.

KIWANIS CLUB OF POWELL RIVER

4943 Kiwanis Avenue, V8A 5H5

WEBSITE: www.kiwanishousing.com

ROBERT MAITLAND	President of Club	(604) 487-9332
KAREN-ANN MARTIN	Manager – Kiwanis Village	(604) 485-5210
BOB IRVING	Secretary	(604) 485-0486

WEBSITE <http://www.pnwkiwanis.org>

Services to the community include bus stop benches, senior citizens' housing, Kiwanis Village, and a Kiwanis Assisted Living Building, Kiwanis Lifeline, scholarships and assistance to programs for children.

KIWANIS LIFELINE

JOHANNA POLMAN TUIN	Contact	(604) 485-0499
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WEBSITE <http://www.bclifeline.com>

We are a volunteer organization providing home medical alert system for people living alone who are elderly or have a medical disability.

KNIGHTS OF COLUMBUS

Box 391. Powell River BC V8A 5C2

OMER OUELLETTE	The Grand Knight	(604) 485-1230
RAY PINEL	Financial Secretary	(604) 485-2331

WEBSITE <http://www.kofc.org>

Roman Catholic Church group involved with community projects of all kinds.

LA LECHE LEAGUE

KARIN BURNIKELL	Contact	(604) 483-4667
LYNN STEINMAN	Contact	(604) 487-4418

WEBSITE www.lalecheleague.org

MEETINGS: Last Monday of the month at the FAMILY PLACE in the mall from 10:00 – 12:00. Call for info.

LANG BAY COMMUNITY CLUB

C9 RR 3 Tuck Road, V8A 5C1

Mailing Address

GRANT STIEBEN	President	(604) 485-2278
GLORIA SEELEY	Secretary Treasurer	(604) 487-9387

Rents and maintains Lang Bay Hall; hosts community meetings. Activities include whist (Mon. afternoons); carpet bowling (Tues. afternoons); crib (Thurs. nights). Hall and maintenance contact is Malcolm Seeley.

LAPIDARY CLUB, POWELL RIVER

BELINDA FOGARTY
CINDY NEWPORT

PRESIDENT
CONTACT

(604) 485-2141
(604)487-0444

EMAIL: udemuth@shaw.ca

We are a hobby club for lapidary and wire wrapping. MEETINGS: 2nd Wednesday, call for location.

LAWN BOWLING CLUB, POWELL RIVER

5714 Marine Avenue, V8A 2M4
Office Phone: (604) 483-9296

KENNY NEEDHAM
KEN DUNLOP

President
Contact

(604) 485-9552
(604) 483-9117

Bowling season is from the beginning of May until the end of September. Schedule: Men's – Wednesday 1:00 pm or 7:00 pm; Ladies – Monday 1:00 pm or 7:00 pm; Mixed – Tuesday and Saturday 7:00 pm. Call for tournament schedule. Greens open afternoons and evenings. New members welcome.

LAWYER REFERRAL SERVICE

1 (800) 663-1919

Vancouver: (604) 687-3221

EMAIL: lawyerreferral@bccba.org

WEBSITE www.dialalaw.org

www.cba.org/BC/home/main Also see Dial-A-Law on page 21.

This service is designed to assist the general public in finding an appropriate lawyer. Phone and explain your problem briefly. The service refers you to a lawyer. You arrange an appointment. Let the lawyer know you were referred by this service. The initial interview is up to thirty minutes for \$25.00 plus taxes. The lawyer will advise you of your legal situation. You may then decide whether or not you wish to hire the lawyer, for normal fees. HOURS: 8:30 am – 4:30 pm, Monday – Friday.

LEGAL SERVICES SOCIETY

Toll-free Line: 1-866- 577-2525

1-888-373-2222 (family law)

WEBSITE: <http://www.lss.bc.ca> for info about the law

WEBSITE: <http://www.familylaw.lss.bc.ca> For info about family law

WEBSITE: <http://www.povnet.org> For info on poverty law problems (i.e. Welfare & Housing)

LEISURE SERVICES, POWELL RIVER see City of Powell River

LETS EDUCATE ABOUT DRUGS (LEAD)

C/o Mental Health & Addictions,
Attention: Rachel Hryniuk
5000 Joyce Avenue, 3rd Floor,
Powell River, B. C.
V8A 5R3

RACHEL HRYNIUK

Contact

(604) 485-3300 Ext. 4415

enjoyment of the natural world. This is a non-political group with our doors open to anyone wishing to learn about nature. Open to all ages. Young Naturalists Club aimed toward 6 - 12 year olds meets frequently with outdoor activities.

MALASPINA WRITERS' ASSOCIATION

JONATHAN LYSTER Contact PHONE: (604) 487-1227
EMAIL: info@jslyster.com

Our purpose is to encourage writers, and critique their work. There is a literary coffeehouse.
MEETINGS: Call for info.

MARINE AREA BUSINESS ASSOCIATION

4703 Marine Avenue V8A 2L2

CATHY MACDONALD President (604) 483-9454

We are an association of businesses and services on Marine and Willingdon Avenues from Alberni to Wharf Street. We work to foster a strong culture of neighbourhood and community for area merchants and customers. Sponsors & organizes the Blackberry Festival and Street Party, the Santa Claus Parade, holiday lighting of Marine Avenue, and the Historical Mural Project.

MASONS see Triune Lodge #81, A.F. & A.M. and Shriners Club, Sunshine Coast

MAYOR AND COUNCIL CONTACT LIST, CITY OF POWELL RIVER

City Hall – 6910 Duncan Street, V8A 1V4
Phone: (604) 485-6291 Fax: 604-485-2913
EMAIL : info@cdpr.bc.ca
WEBSITE: www.powellriver.ca

Name	Telephone Number(s)	Term
Mayor Stewart Alsgard	(604) 485-8601	Dec. 2008 – Dec. 2011
Councillor Dave Formosa	(604) 485-8601	Dec. 2008 – Dec. 2011
Councillor Chris McNaughton	(604) 485-8601	Dec. 2008 – Dec. 2011
Councillor Aaron Pinch	(604) 485-8601	Dec. 2008 – Dec. 2011
Councillor Maggie Hathaway	(604) 485-8601	Dec. 2008 – Dec. 2011
Councillor Debbie Dee	(604) 485-8601	Dec. 2008 - Dec. 2011
Councillor Jim Palm	(604) 485-8601	Dec. 2008 – Dec. 2011

COUNCIL MEETINGS: 1st Thursday of every month at 7:00 pm in Council Chambers.
3rd Thursday of every month at 7:00 pm in Council Chambers

COMMITTEE OF THE WHOLE MEETINGS: 1st and 3rd Thursday of every month at 11:00a.m. in Committee Room at City Hall. Chair of Committee of the Whole is the current Acting Mayor. For further information regarding Council and Committee of the Whole meetings, contact the City Clerk's Office at 604-485-8603 or EMAIL: info@cdpr.bc.ca

MEALS ON WHEELS

GAY VELLA Coordinator (604) 483-4339

Meals prepared and delivered to elderly or incapacitated persons on Monday, Wednesday and Friday. There is a fee of \$6.00 per meal.

MEDIATION see Family Justice Services

MEDICAL SOCIETY, POWELL RIVER check who is president?

5000 Joyce Avenue V8A 5R3

DR. CHRIS MORWOOD President of Medical Staff
PAT VAN SCHAIK Administrative Assistant (604) 485-3235

We are a professional association of Powell River physicians. There are weekly educational meetings.

MEDICHAIR

4488 Marine Avenue, V8A 2K2
FAX (604) 485-0310 www.medichair.com

DOUG NAUER Manager (604) 485-9310

Service offering rentals, repairs and sales of medical equipment, such as wheelchairs, walkers, bathroom safety aids as well as daily living aids, etc.

MEDITATION

JENNIFER Contact (604) 483-2297
EMAIL: jennifer@blampin.com

Sahaj-Marg: "The Natural Path", a simple practice of meditation, which is a spiritual path. There are group meditations and lessons.

MEMBER OF THE LEGISLATIVE ASSEMBLY, POWELL RIVER – SUNSHINE COAST

109-4675 Marine Avenue V8A 2L2 Constituency Office (604) 485-1249

NICHOLAS SIMONS M.L.A.
EMAIL: nicholas.simons.mla@leg.bc.ca

MAGGIE HATHAWAY Constituency Assistant
EMAIL: maggie.hathaway@leg.bc.ca

Sechelt Office (604) 741-0792
Toll-Free: 1-866-373-0792

Elected provincial government representative.

HOURS: 9:00 am – 5:00 pm, Monday – Friday.

MEMBER OF PARLIAMENT-OFFICE OF JOHN WESTON
WEST VANCOUVER-SUNSHINE COAST-SEA TO SKY COUNTRY

Call: Service Canada: 1-800-622-6232 and ask for: 1-613- 947-4617
or toll free: 1-800-665-6004
EMAIL: Weston.J@parl.gc.ca

MILITARY ASSOCIATION, POWELL RIVER

P.O. Box 310, V8A 5C2 Timberlane Wednesday Evenings
604) 483-3993

COLIN TURNER Secretary Treasurer (604) 485-3027

This is a Powell River Army Cadets Alumni Association. Open to former members, cadets & officers, 19 & older.

MINISTERIAL ASSOCIATION

Mail Address: 4811 Ontario, Powell River, B.C. V8A 2Y6
Westview Baptist Church: (604) 485-5040

CAROL DENNISON	President	(604) 485-2000
RICK ROBINS	Vice President	(604) 485-6067
JEN ROBINS	Secretary	(604) 485-6067

Fosters communication, understanding & goodwill among the churches; acts as a vehicle of expression for the religious community, offers mutual support & understanding among ministers.

MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT POWELL RIVER FAMILY SERVICES

6944 Alberni Street, V8A 2C1

WEBSITE: <http://www.gov.bc.ca/mcf>

(604) 485-0600 FAX (604) 485-5498

MARDI LAVERTU Team Leader

MINISTRY OF HOUSING AND SOCIAL DEVELOPMENT

6944 Alberni Street, V8A 2C1
1-866-866-0800 FAX (604) 485-7962
WEBSITE: <http://www.gov.bc.ca/hsd/>

Income Assistance, support for persons with disabilities, and Family Maintenance Program.
OFFICE HOURS: 9:00 am – 4:00 pm Monday – Friday.

MODEL COMMUNITY PROJECT FOR PERSONS WITH DISABILITIES, POWELL RIVER

4476A Marine Avenue, V8A 2K2

FAX (604) 485-2683

WEBSITE: <http://www.modelcommunityproject.ca> EMAIL: dgm_mcp@shawcable.com

DAVID MORRIS	Executive Director	(604) 485-2688
DEBBIE DEE	President	(604) 485-2688

Our purpose is to ensure full participation and integration of Persons with Disabilities into the social, recreational and economic mainstream of the community. Among the issues that we address are accessible transportation, housing, education, recreation and employment. We issue SPARC parking permits for people with disabilities. OFFICE HOURS: 8:30 a.m. – 3:30 p.m., weekdays.

MULTIPLE SCLEROSIS SELF - HELP, POWELL RIVER

Toll Free: 1-800-268-7582 (For any information on MSS)

FRED FOHRING	Contact	(604) 485-6558
KATHY CAMPBELL	Contact	(604) 487-9980

Support group and information source. MEETINGS: 2nd Monday, 7:30 p.m. at Glacier Apt Dining Room. Website: <http://www.mssociety.ca> BC www.mssociety.ca/bc

MUSCULAR DYSTROPHY ASSOCIATION OF CANADA

6965 Courtenay Street, V8A 1X6

Union

FAX/PHONE (604) 485-9498 WEBSITE: <http://www.muscle.ca>

BILL GRANTHAM	Station #1	(604) 485-9498
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EMAIL: local1298@shaw.ca

There is an annual Boot drive in September to raise fund to help find a cure for Muscular Dystrophy. We also help local citizens get in touch with Muscular Dystrophy Canada to help with support.

MUSIC THERAPY

DEBORAH DEE, BMT, FAMI	Music Therapist	(604) 485-0342
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We Specialize in the Bonny Method of Guided Imagery and Music. We have Relaxation, Creativity, and Exploration of Self through music. "For Sound Health"

MYRTLE POINT GOLF COURSE see Golf Club, Myrtle Point

NARANON

ALANO Club

Information (10 am–3 pm & 7 pm–11 pm) – (604) 483-3800

NINA

Contact

(604) 485-0369

For relatives and families whose lives have been affected by someone else's drug addiction.

MEETINGS: 7:30 – 9:00 pm Tuesdays at the ALANO Club, 5903 Arbutus Street

NARCOTICS ANONYMOUS

P.O. Box 912, Campbell River, BC, V9W 6Y4

ALANO Club – 5903 Arbutus Meeting Location

PAGER 1 (800) 379-6652

WEBSITES <http://www.na.org>
<http://www.bcrscna.bc.ca>

A group of recovering addicts who get together to stay clean. All meetings are non-smoking.
MEETINGS: Open meetings held on Tuesdays at 1:30 pm & Saturdays at 7:30 pm.
Meetings on Tuesdays & Thursdays at 7:30 pm are closed (for people who have a drug problem).

NATIONAL FILM BOARD

Suite 200 1385 W. 8th Avenue, Vancouver, BC, V6H 3V9

P.O. Box 6100, Station Centre-ville, Montréal, Québec, H3C 3H5

Vancouver: (604) 666-3838

Customer Service: Toll-free: 1 (800) 267-7710

WEBSITE <http://www.nfb.ca> EMAIL customerservice@nfb.ca

NEW LIFE COUNSELLING SERVICE – see Powell River Mental Health & Addiction Services

NORTH ISLAND AIDS COALITION see AIDS Vancouver Island

HEALTH LINK, B.C.

DIAL FREE IN B.C. 811

Toll-free: 1-866-215-4700

In Vancouver: (604) 215-4700

Toll-free TTY: 1 (866) 889-4700

Poison Control: 1-800-567-8911

<http://www.healthlinkbc.ca>.

Dietician 9:00 – 5:00

Pharmacists 5:00pm – 9:00am

Health Link puts you in touch with a Registered Nurse any time of the day or night. The nurse will answer your questions regarding symptoms, health concerns, recommended

courses of action; when to see health professional and further available health resources. There are translation services available in 130 languages.

NUTRITION see Powell River Community Health

OLD AGE SECURITY see Income Security Programs, Federal

OLIVE DEVAUD INTERMEDIATE CARE RESIDENCE see Vancouver Coastal Health Authority

OPEN DOOR HEALING ROOMS (SOCIETY)

4685 Marine Avenue, Powell River, B.C. V8A 2L2

HAZEL OR BILL RICHMAN

Contact

H (604)485-9168

This is a spiritual approach to holistic healing. We bring the healing love of God to the Market Place. We offer a walk-in prayer clinic that is free and confidential. This service is provided to the whole community. Open: Tuesday, 11am – 1 pm & 7pm – 9pm

OPTIONS FOR SEXUAL HEALTH CLINIC IN POWELL RIVER

3rd Floor - 5000 Joyce Avenue V8A 5R3 (Powell River Community Health)

SEX SENSE LINE

Toll-free: 1 (800) 739-7367

WEBSITE: www.optionsforsexualhealth.org

There is a confidential birth control counselling, supply and related services, Facts of Life phone line: Toll-free confidential information line, staffed by volunteers, with nurse or Sexual Health educator on hand at all times. We have Information available regarding relationships, sexuality, birth control methods, pregnancy options, AIDS and sexually transmitted diseases. We have a strict confidentiality policy. HOURS: Weekdays 9:00 am – 9:00 pm.

DROP IN CLINIC: Thursdays 4:30 – 6:30 pm at Powell River Community Health.

OSTEOPOROSIS CANADA, BRITISH COLUMBIA DIVISION

2075 West 37th Avenue, Vancouver, BC V6M 1N7

Phone: Toll free 1-888-300-3088 Ext. 2018 Clinic

ROGER SUTTON

Medical Director

With a Division office in Vancouver, four chapters and groups throughout the province, the British Columbia Division embraces the mission statement of the Osteoporosis Canada by providing the following to the residents of British Columbia:

- Information and educational materials through telephone contact, mail, public meetings, health fairs and community functions
- Prevention programs and self-management programs in English and Chinese
- Speakers, slides and videotapes as requested by groups and associations
- Assistance in chapter development

- Personal contact and counselling services for those seeking assistance
- Advocacy
- Resource library for members use

WEBSITE <http://www.osteoporosis.ca>

OUTPATIENT PROGRAM see Powell River Mental Health & Addiction Services

PACIFIC AGRICULTURAL CERTIFICATION SOCIETY (PACS)

3402 32nd Avenue Vernon BC V1T 2N1

FAX (250) 558-7947

EMAIL : pacs@certifiedorganic.bc.ca

WEBSITE: www.pacscertifiedorganic.ca

ROZ CRIPPS

Administrator

(250) 558-7927

PACS certifies organic farms, livestock, handlers, processors, brokers and retailers, in BC, Alberta, Yukon and with the implementation of the National Standard, Canada wide. PACS is ISO 65 accredited, USDA agreement in effect and is recognised by CARTV (Quebec).

PACIFIC CARE – CHILD CARE RESOURCE & REFERRAL PROGRAM

(Carmen Barclay) 3156 Barons Rd., Nanaimo BC V9T 4B5

FAX (250) 756-2021

Toll-free: 1 (888) 480-CARE (2273)

Insurance: 1(800)565-6510

CARMEN BARCLAY,

Programs Manager

EMAIL: cbarclay@pacific-care.bc.ca

WEBSITE <http://www.pacific-care.bc.ca> EMAIL: mailbox@pacific-care.bc.ca

SANDRA ALLEN or SUE WARREN Area Consultants (250) 338-4288 (local 236 or 250)

Toll Free 1-888-480-2273

Pacific Care offers a free referral service to parents looking for childcare. It also provides free consultation, support, workshops and training, newsletters, lending library, resources, access to enhanced child care subsidy and to liability insurance.

PARADISE EXHIBITION PARK SOCIETY

LYNNE NOTT

Chair

(604) 485-4746

STAN GISBORNE

Regional District Representative

(604) 485-2935

JOYCE MCEOWN

Secretary/Treasurer

(604) 485-9325

EMAIL jmceown@shaw.ca

We are a governing body for Paradise Exhibition Park. User groups are the Powell River & District Agricultural Association, the Powell River Trail Riders, Powell River Therapeutic Riding Association and Powell River Archery Association.

PARENT ADVISORY COUNCILS (phone individual schools)

PARENTS AND YOUNG CHILDREN see Powell River Community Health

PARENTS TOGETHER PROGRAM see Powell River Child, Youth and Family Services Society

PARISH OF ST. DAVID AND ST. PAUL ANGLICAN CHURCH

6310 Sycamore Street, V8A 4L1
(604) 483-4230

OFFICE HOURS:

9:30 am to 1:30 pm – Tuesday to Friday. Holy Eucharist – 10:00 am on Sunday.

FREE SOUP LUNCH: Every Friday noon – 1:30 pm.

FOOD PANTRY: Wednesdays: 10:00 am – 12:00 pm

PARKING PERMITS FOR PEOPLE WITH DISABILITIES see Powell River Model Community Project for Persons with Disabilities Society,

PARKINSON'S SUPPORT GROUP

JOHN BLOXHAM

Coordinator

(604) 414-4654

Parkinson's disease self-help group: discussions, information, speakers and social events.

MEETINGS: 2nd Tuesday, 1:30 pm in the Poplar Room at the Complex.

PARKS AND WILDERNESS SOCIETY, POWELL RIVER (PAWS)

WEBSITE: www.sunshinecoast-trail.com

EMAIL prpaws.bc@shaw.ca

EAGLE WALTZ

CONTACT

FAX/PHONE (604) 483-9565

SCOTT GLASPEY

CONTACT

(604) 485-9463

ADDRESS: Box 345, Powell River, B. C. V8A 5C2

The Powell River Parks and Wilderness Society (PRPAWS) was established in 1992, as a charitable, non-profit society. We helped create Inland Lake Provincial Park, Malaspina Provincial Park & Duck Lake Protected Area, and last year Millennium Park. We built the Sunshine Coast Trail and continue to maintain and enhance it. We promote the creation of more protected wilderness areas in the Powell River region, the protection of old growth, and improved access to Powell River's backcountry, including the mountainous play lands.

PRPAWS has helped establish a permanent buffer along the Powell Forest Canoe route and on parts of the Sunshine Coast Trail (SCT). We lobby the provincial and local governments to protect the length of the SCT through permanent buffers to enhance tourism and recreation in our area. We carry on constructing more campsites, and providing improved marking and signage. There are now in excess of 180 kilometres of continuous trails from Sarah Point to Saltery Bay.

Together with the BOMB Squad we constructed Shangri-La, a new shelter and campsite at Little Sliammon Lake in the spring of 2008. In 2009 PAWS built another shelter at Fairview Bay. Last year we also completed a new spur trail off the SCT to Haywire Bluff near the

regional park, which affords sweeping views of lower Powell Lake. In the spring of 2010 we partnered with the BOMB Squad and erected another shelter on the SCT at Rieveley's Pond. Other shelters are scheduled for Rainy Day Lake, Mount Troubridge and Manzanita Bluffs.

Donations are tax-deductible and can be made out to the PRPAWS Trail Fund to help with maintenance and improvements in the backcountry such as shelters, huts, outhouses, benches, picnic tables and swimming docks. Sizable donations have the added benefit of naming rights as well as public recognition for major facilities.

PASTA NIGHT see United Church of Canada

PASTORAL OUTREACH PROGRAM, NATIONAL DEFENSE & VETERANS' AFFAIRS CANADA

Toll-free: 1(800) 883-6094 FAX: (613) 944-7728

WEBSITE: <http://www.forces.gc.ca/centre>

PAUL-ALAIN MONPAS Ottawa (613) 944-4047

BEV MANSELL (President of Legion) Chaplain

There is a Pastoral Care Program for veterans of World War I and II, Korea and Merchant Seamen and immediate family members. There is spiritual and grief counselling. Visits the sick, conducts funerals, etc.

PEAK PUBLISHING

4400 Marine Avenue V8A 2K1

FAX (604) 485-5007

(604) 485-5313

JOYCE CARLSON	Publisher	EMAIL: publisher@prpeak.com
LAURA WALZ	Editor	EMAIL: editor@prpeak.com
DEBORAH GALINSKI	Sales Manager	EMAIL: debbiegalski@prpeak.com
MICHELE ORRELL	Circulation Manager	EMAIL: circ@prpeak.com
SHANNON NOLAN	Classifieds	EMAIL: classifieds@prpeak.com

-Paid subscription community newspaper --published on Wednesday

- Weekend Shopper - free delivery to homes on Fridays.

-No charge for classified ads such as lost and found items, seeking volunteers, or giving away items for free.

-Phone, fax or email ads.

-Peak Online voted best BC community newspaper website for five straight years.

-Join www.peaklive.ca the new social networking site for Powell River.

PEBBLE IN THE POND

KAREN SKADSHEIM

Contact

(604) 483-8987

There is an annual international celebration of the Earth. Powell River's Celebration is held annually in Powell River with music, entertainment, vendors and local environmental information and display booths. See Powell River Newspaper for time and place.

PENSION PLAN, CANADA see Service Canada Centre (Powell River)

PIPE BAND, CLANSMAN

IAN RICHMOND Pipe Major (604) 483-9673
EMAIL: info@clansmanpipeband.org

We perform on request at local functions. PRACTICES: Tuesdays at 7:00 pm at Oceanview.

PLANNED PARENTHOOD see Options for Sexual Health

POLITICAL PARTIES

Green Party (Federal)

Green Party of Canada – B. C. Office
301 – 207 West Hastings St.
Vancouver, B.C. V6B 1H7
Tel: (604) 689-9200
EMAIL: BCoffice@greenparty.ca
WEBSITE: www.greenparty.ca

Contact Persons: Adrienne Carr, Rod-Paul Martin

Green Party (Provincial)

Green Party of BC
Mail: PO Box 2827, STN TERMINAL
Vancouver, BC V6B 3X2
Offices: 301 – 207 West Hastings Street, Vancouver, BC
204 – 947 Fort Street, Victoria, BC
Toll Free: 1(888) 473-3686 Fax: 1(604) 909-4722
EMAIL: info@greenparty.bc.ca
WEBSITE: www.greenparty.bc.ca

Contact Person: Carrie McLaren

CONSERVATIVE PARTY (Federal)

1204 – 130 Albert Street,
Ottawa, Ontario K1P 5G4

Toll Free: 1-866-808-8407
Phone: (613) 755-2000
Fax: (613) 755-2001

Local contact: (604) 483-9376

POWELL RIVER AND REGION TRANSITION HOUSE SOCIETY

#209-4801 Joyce Avenue, Powell River, BC V8A 3B7 Administrative Office
FAX (604) 485-6168
WEBSITE: <http://www.prtransitionhousesociety.com> EMAIL: chamberj@telus.net

JULIE CHAMBERS Executive Director (604) 485-5335

The Powell River and Region Transition House Society works to end male violence toward women and children. Speakers are available. Donations are tax-deductible. In-Memoriam bequests are accepted. Also provides the following services:

GRACE TRANSITION HOUSE
EMERGENCY (24-hour) (604) 485-9773

DEBORAH Program Co-ordinator (604) 485-4554
FAX (604) 485-4192 EMAIL: housegrace@telus.net

Grace House, a nine-bed facility, provides free shelter, safety, and non-judgmental support for women and children fleeing an abusive or violent relationship. A social de-tox bed is also available. Staffed: 24 hours a day.

CHILDREN WHO WITNESS ABUSE PROGRAM
#209-4801 Joyce Avenue Powell River, BC V8A 3B7
FAX (604) 485-6168

LITA BIRON Counsellor (604) 485-6968
EMAIL: litabiron@telus.net

This program offers one-on-one counselling for children and youth from 3 up to 18 years of age whose emotional health and self-esteem have been damaged by witnessing the abuse of one of their parents by the other, or by another person.
HOURS: 8:30 am – 4:00 pm, Monday – Thursday and 11:15 – 3:36 pm on Friday.

STOPPING THE VIOLENCE PROGRAM
#209 – 4801 Joyce Avenue, Powell River B.C. V8A 3B7 FAX (604) 485-6168

MAUREEN HICKEY Counsellor (604) 485-6965
EMAIL: mjhprths@telus.net

This program offers one-on-one counselling and/or group counselling for women who are currently experiencing, or have experienced (including childhood) any type of abuse, emotional, physical and/or sexual. This is a free, confidential service for women.

The “I CAN” Group is held twice a week, every Monday, 4:30 – 6:30pm and Wednesday 9:30 – 11:30am. Members may attend only one group.

STV OUTREACH PROGRAM

#209- 4801 Joyce Avenue, Powell River B.C. V8A 3B7
FAX (604) 485-6168

(604) 485-6980

WENDA ALLEN Support Worker
EMAIL: stvoutreach@telus.net

Work with and support-related services for women who have experienced violence. Deliver public education initiatives to raise awareness of the effects of violence against women and violence prevention.
HOURS: Tuesday - Wednesday

POWELL RIVER ASSOCIATION FOR COMMUNITY LIVING (PRACL)

#201 – 4675 Marine Avenue, V8A 2L2
PHONE (604) 485-6411
FAX (604) 485-6419
OFFICE HOURS: 8:30 a.m. – 4:30 p.m. weekdays
WEBSITE: <http://www.pracl.ca>

LILLA TIPTON Executive Director 604 485-6411 Ext. 227
EMAIL: ltipton@pracl.ca

DAVE HARMER Financial Services Manager 604 485-6411 Ext. 225
EMAIL: dharmar@pracl.ca

ALISON TAPLAY Human Resources Manager 604-485-6411 Ext. 226
EMAIL: ataplay@pracl.ca

Mission Statement:

Powell River Association for Community Living (PRACL) advocates for and provides a range of day program and residential supports to:

- Children with a developmental delay or who are at risk of developmental delay and their families;
- Children, youth, adults and seniors with developmental disabilities and their families;
- Adults with acquired brain injury.

Our Mission is to:

- Provide high quality, respectful services that are lifelong if needed;
- Ensure every person has the opportunity to reach their full potential and maximum independence possible; and
- Promote, develop, educate and advocate in the community for the people we serve:
 - To ensure their full citizenship; and
 - To have friendships and a personal network of unpaid advocates.

CHILD AND FAMILY SERVICES

Jean Pike Centre for Children and Youth

7055 Alberni Street Powell River, BC V8A 2C2

LIZ KELLOUGH Program Manager 604 485-6411 Ext.230
Email: lkellough@pracl.ca

SHERI KONKIN Secretary 604 485-6077 Ext.221
EMAIL: jpcsecretary@pracl.ca Fax: 604 485-6017

UNDERSTANDING FETAL ALCOHOL SPECTRUM DISORDER TOGETHER (F.A.S.D)

Jean Pike Centre for Children and Youth
7055 Alberni Street V8A 2C2

LIZ KELLOUGH Program Manager 604 485-6411 Ext 230
EMAIL: lkellough@pracl.ca

KARA FOGWELL Key Contact: 604-485-6077 Ext. 232
EMAIL: fasd@pracl.ca

This program provides support, resources and advocacy for families with children or youth with complex behavioural conditions that may be or have been confirmed as Fetal Alcohol Spectrum Disorder or another complex behavioural condition.

EARLY INTERVENTION AND SCHOOL AGE THERAPY SERVICES

Jean Pike Centre for Children and Youth
7055 Alberni St. V8A 2C2

ANNEKE GUTTER Physiotherapist 604-485-6077 Ext.229
Email: agutter@pracl.ca

MICHELLE THOMAS Occupational Therapist 604-485-6077 Ext 228
Email: mthomas@pracl.ca

- Offers physiotherapy and occupational therapy to children from birth to school entry through home and centre-based consultation and therapy.
- Consultation and intervention planning for school aged children.

POWELL RIVER COMMUNITY PRESCHOOL

7055 Alberni St. V8A 2C2

GEOGINA NESCI Coordinator 604 485-7664
EMAIL: gnesci@pracl.ca

SUPPORTED CHILD DEVELOPMENT PROGRAM

7055 Alberni St. V8A 2C2

JULIET POTTER Coordinator 604 485-6077 ext 226
EMAIL: jpotter@pracl.ca

CATHY STOGRE Coordinator 604 485-6077 ext 225
EMAIL: cstogre@pracl.ca

We assist parents in accessing group pre-school or day-care and individualized day-care services for young children with special needs.

INFANT DEVELOPMENT PROGRAM

7055 Alberni St. V8A 2C2

WINNIE KUCHARSKY Coordinator
E-mail: wkucharsky@pracl.ca

604 485-6077 ext 222

Services for families of children, from birth to 3 years, who are developmentally delayed, or who are at risk of developmental delay.

FAMILY SUPPORT SERVICE PROGRAM & JUST FOR THE FUN OF IT SUMMER PROGRAM

7055 Alberni St. V8A 2C2

LIZ KELLOUGH Program Manager
EMAIL: lkellough@pracl.ca

604 485-6411 Ext.230

GAURI NAIR Coordinator
Cell Ph: 604 483-6003
EMAIL: gnair@pracl.ca

604 485-6077 ext 231

-Provides one-on-one and group support for children and youths with developmental disability.

ADULT SERVICES

Mailing address: #201-4675 Marine Ave. V8A 2L2 Ph: 604 485-6411 Fax: 604 485-6419

CROSSROADS PROGRAM

#201-4675 Marine Ave. V8A 2L2

LIZ KELLOUGH Program Manager
EMAIL: lkellough@pracl.ca

604 485-6411 Ext. 230

YVONNE BOESE Coordinator
EMAIL: yboese@pracl.ca

604 485-5663

We provide individualized and group supports for young adults with developmental disabilities up to age 30.

LIFESKILLS & HOME SUPPORT

#201-4675 Marine Ave. V8A 2L2

LYNN ROBERTS Program Manager:
E-mail lroberts@pracl.ca

604 485-6411 Ext. 224

DAVE PERCEY Coordinator
EMAIL: dpercey@pracl.ca

604 485-6219

Provides one to one and group supports to individuals with developmental disabilities who live independently in the community Provides one to one and group supports to individuals with developmental disabilities working to achieve goals to increase their independence in the community.

EMPLOYMENT SUPPORT SERVICES

#201-4675 Marine Ave V8A 2L2

LIZ KELLOUGH Program Manager 604 485-6411 Ext. 230
EMAIL: lkellough@pracl.ca

CONNIE POLMAN TUIN Coordinator: 604 485-4628
EMAIL: cpolmantuin@pracl.ca

Assists active job seekers who are served through PRACL to successfully find and maintain employment in community settings.

COMMUNITY LIFE PROGRAM

6831 Artaban St. V8A 4B9

CORINNE HUNTER Program Manager: 604 485-6411 Ext. 228
EMAIL: chunter@pracl.ca

MAUREEN MACLENNAN Coordinator 604 483-4042
EMAIL: mmaclennan@pracl.ca

Programs such as art, music dance, vocational activities, recreation and hobbies are offered.

FREE SPIRIT LEISURE CLUB

6831 Artaban St. V8A 4B9

CORINNE HUNTER Program Manager 604 485-6411 Ext. 228
EMAIL chunter@pracl.ca

JUDY HICKLING Coordinator 604-483-4443
EMAIL: jhickling@pracl.ca

For up to 10 seniors needing supports through their Golden Years

RESIDENTIAL SERVICES

Mailing address: 201-4675 Marine Ave. V8A 2L2
Adams, Chilco, Joyce, Nootka and Quebec Residence

LYNN ROBERTS Program Manager 604 485-6411 Ext. 224
EMAIL : lroberts@pracl.ca

Golden, McGuffie, Redonda, Nootka and Selkirk Residence

CORINNE HUNTER Program Manager 604 485-6411 Ext. 228

EMAIL : chunter@pracl.ca

We provide 9 supported group living environments, with 24 hour support for up to 36 people. We are currently working with individuals and families to develop a variety of personal supports in community that meet their individual needs

SPECIAL PROJECTS & RESOURCES

Supports for individuals with acquired brain injuries
Advisory services to the self advocates
Snoezelin Room
Resource Library
Community Development Projects
Never Too Much Music & Spirit of Community Choir
Bicycle Recovery Program
For more information call our office at 604-485-6411

POWELL RIVER ATV CLUB

3831 Manitoba Avenue, Powell River, BC

DAVE HODGINS	President	(604) 485-2880 EMAIL dmhod@shaw.ca
HANNA ENGLISH	Secretary	(604) 485-5971 EMAIL dmhod@shaw.ca

This is a local group of ATV enthusiasts exploring the backwoods of Powell River. Trail building, group rides, camp-outs, family events and available for search and rescue. Call for more information.

POWELL RIVER CARLSON COMMUNITY CLUB

4463 Joyce Avenue, V8A 3A8	Administration	(604) 485-4571
	Lounge	(604) 485-4364
		FAX 1-888-836-4030

We sponsor minor sports and charitable projects, including Cranberry Homes for seniors. We have Hall rentals. We raise funds for donation to the community. MEETINGS: 1st Monday of every month at Carlson Community Club. Men and Women are welcome!

POWELL RIVER CHILDCARE PROVIDERS ASSOCIATION

RR 2 C9 Southview Road, V8A 4Z3

ROXANNE PENNER	Chair Person	(604) 414-9335
Email: roxannepenner@shaw.ca		FAX (604) 414-9336

Anyone is welcome for training, socializing, and meeting other care providers.

MEETINGS: Please call Roxanne for upcoming events.

POWELL RIVER CHILD, YOUTH AND FAMILY SERVICES SOCIETY

#202 – 7373 Duncan Street, V8A 1W6

PHONE: (604) 485-3090

FAX : (604) 485-4215

EMAIL : admin@prcyfss.com
WEBSITE: www.prcyfss.com

OFFICE HOURS: 8:30 a.m. to 4:30 p.m. Monday to Friday.

Provides services for children and youth between birth and 19 years of age and their families.

Referrals to the following programs can be made directly to Powell River Child, Youth & Family Services at (604)485-3090

FAMILY SUPPORT PROGRAMS: Community-based parent training and education groups, and limited individual support services, promoting parental competency and strengthening family life. The focus is on prevention, and healthy child and family development.

PARENTS TOGETHER: A weekly support group for parents of acting-up teens, focusing on building respect for the dignity and individuality of both parents and teens.

YOUTH ADVISORY COUNCIL: Regular planning group and activities that empower youth to provide leadership and problem-solving strategies regarding key identified health and social issues.

PARENT-TEEN MEDIATION SERVICES: Referrals for anger management, teen-to-teen mediation, and parent-teen mediation; open referral and service to School District #47.

PARENTING AFTER SEPARATION: Quarterly one-evening presentations of information for parents undergoing divorce or separation.

INDEPENDENT LIVING SUPPORT: Practical support in the areas of nutrition, housing, budgeting, self-care, social development and vocational planning for youth making the transition to independent living.

STUDENT MOMS SUPPORT: Group and individual support for young student parents in partnership with the SD#47 Student Moms program, provide information and assistance with life-skills, problem solving, parenting and personal growth, particularly as these may impact academic participation and infant development.

Referrals for the following program must come through the courts or the Youth Probation Officer at (604)485-0600

YOUTH JUSTICE WORKER PROGRAM: Community Work Service, Alternative Measures, and Intensive Supervision and Support for young offenders.

YOUTH JUSTICE HOSTEL: A residential home setting, provided as an alternative to remand or sentenced custody, for young offenders awaiting trial or disposition, or who are on an undertaking.

Referrals for the following programs must come through the Ministry for

Children and Family Development at (604)485-0600

FAMILY PRESERVATION & REUNIFICATION: Parent training and support services for families who are experiencing complex problems that may be multi-generational, and include such difficulties as historical abuse, grief and loss, a high degree of conflict and/or substance abuse. Services are provided in-centre or in the family's natural setting, as appropriate, and include group programs, individual outreach intervention, supervised access and home-maker services, as directed by MCFD.

SUPPORT TO FOSTER CARE PROGRAM: Support and training for MCFD foster homes, to sustain placement and enhance the ability of foster care providers to deal with a variety of situations and behaviours.

The following other program is administered through PRCYFSS

SUPPORT FOR AT RISK YOUTH (SAY) PROJECT:

A three year federally funded project to develop a cohesive community model of evidence-based best practice for supporting at-risk youth to move towards successful independent living.

The following MCFD programs are co-located at the PRCYFSS office premises {phone (604) 485-3722}

CHILD & YOUTH MENTAL HEALTH CLINICAL COUNSELLING: Clinical intervention and counselling for children & youth with identified mental health issues; includes suicide intervention program and counselling for young offenders.

SEXUAL ABUSE INTERVENTION PROGRAM: Treatment for children and youth who have been sexually abused.

YOUTH FORENSICS COUNSELLING: Counselling services for young offenders, including clinical intervention, court-ordered assessments, and the Youth Substance Abuse Management (Y-SAM) group program.

POWELL RIVER CHORUS

Publicity Chair: Debbie Dee

WALTER MARTELLA
JANICE GUNN

Director:
FMI:

604-414-7139.

Powell River Chorus is a non-auditioned community choir that now well into its 5th decade. The choir consists of 60+ members of all ages and meets weekly on Wednesday evenings at 7:30 in the recital hall at the Powell River Academy of Music on the corner of Kemano St. and Manson Ave. The chorus performs annual public concerts at Christmas and in the spring as well as several special concerts around the community each year. The choir also travels to perform and has special guests come in. Experience is not necessary, just a love of singing and community building. Bring your enthusiasm and your voice. .

POWELL RIVER COMMUNITY BAND

EMAIL: powellrivercommunityband@shaw.ca

WALTER MARTELLA Band Conductor

REED ENGLISH Treasurer/Contact (604)485-5971

EMAIL: hanree@shaw.ca

We perform on request at local functions. PRACTICES: Thursdaysat7:30pmatAcademy of Music Hall.

POWELL RIVER COMMUNITY HEALTH

3rd Floor - 5000 Joyce Avenue, Powell River, B.C. V8A 5R3

Phone: 604-485-3310 FAX (604) 485-3305

OFFICE HOURS: 8:30 am - 5:00 pm, Monday - Friday.

Offers comprehensive community health services, including the following:

COMMUNITY AND FAMILY HEALTH

PUBLIC HEALTH NURSING:

Public Health nurses work with individuals, families & communities to promote optimal health and well-being for all. PHN's use health promotion & disease prevention strategies in their communities to improve overall health.

Communicable Disease Control: Provision of immunizations to infants, children and adults in schools and in the community, prevention and management of communicable disease in the community. Skin test screening for: TB contacts, licensing and employment; follow-up of active cases, contacts, provision of medications. Follow-up of reportable communicable diseases.

S.A.F.E. Clinic (Sexual Awareness for Everyone): Clinic held on the 2nd and 4th & 5th Tuesday every month, 12:30 – 2:30 p.m.; diagnosis and treatment of sexually transmitted infections, HIV blood testing and counselling, tracing of contacts of positive STI tests and provision of medication, adult immunization; condoms available free of charge. A new outreach clinic is being offered at the Powell River Community Resource Centre on the 1st and 3rd Tuesday of every month from 12:30 – 2:30 PM. In addition to screening and treatment of STI's , other services provided include adult immunizations, liver health services, nutrition and other healthy promotion information.

Needle Exchange: 3 times weekly exchange; education, support and immunization.

Liver Services Program: Counselling and treatment support.

Tobacco Reduction Coordinator: Provides prevention, “smoke free homes”, & cessation counselling.

Parents and Young Children: Health and nutrition counselling; prenatal care, childbirth education and breastfeeding classes; infant care, strengthening family relationships, post-partum counselling, post-partum support and referral.

New Born Babies: 24 hour postpartum assessment phone calls; home visits; counselling, health assessment; healthy babies drop-in, group support, and/or individual assessment and help with pre and postnatal breastfeeding concerns.

Babies Open New Doors (B.O.N.D.): Canada Prenatal Nutrition Program

Infants And Preschool Children: Immunizations, general counselling, growth and development assessments, injury prevention; home visits. Early newborn hearing screening program.

Kindergarten and School Aged Children: Immunizations, health teaching - including tobacco information - injury prevention. Programs: Vision, hearing and screening..

Nursing Support Services: Specialized support for: children with special medical needs.

Youth Clinic: Tuesdays 3:30 pm - 5:30 pm. Free birth control for youth up to 18 years old; Free condoms; pregnancy testing and counselling; HIV testing & counselling; STD testing, counselling, treatment and contact tracing; Health Information.

SPEECH & LANGUAGE SERVICES:

Screenings, assessments and therapy services for communication delays in preschool children. There is parent and community education on speech and language development. Minimal services are also available for adults with communication problems. Referrals accepted from parents, doctors, childcare providers, or other health professionals.

AUDIOLOGY SERVICES:

Provision of diagnostic and rehabilitation services to those individuals with suspected or known hearing loss, including: children ages 6 months to 19 years; adults with developmental delays; the frail elderly (those who require assistance for hearing evaluation), and a comprehensive hearing screening program for children entering kindergarten and ongoing for school-aged children. Children may be referred by a parent, school, physician or other health professional. Adults meeting the criteria require a physician’s referral.

The BC Early Hearing program will provide hearing screening for all BC infants, diagnostic hearing testing for those infants requiring it and intervention and communication supports for infants found to have hearing loss. Parents are contacted by the screener to come in for their infant’s screening appointment. Simple and safe tests are used to check hearing after birth.

NUTRITION:

Presentations: Information and community

DENTAL HEALTH:

Early childhood tooth decay prevention. Screening: Kindergarten dental. Education: Dental health for children, pre-schools and daycares, families, youth and community groups. There is Oral care support for residential group homes, adults with developmental disabilities, their families and caregivers.

COMMUNITY DEVELOPMENT:

The position of Community Developer supports community development and health planning for Powell River, develops linkages in the community and assists in the building of partnerships between the health authority and the public. We facilitate the Seniors One-Stop Information (SOSI).

ENVIRONMENTAL HEALTH:

Inspection, assessment, and issuing of permits for community water systems, and food premises. There is Inspection of schools and institutions, public swimming pools, industrial camps, tobacco retailers and personal service establishments. Reviews various land use proposals.

Enforcement: of regulations under the Health Act, Drinking Water Protection Act and (regionally) the Tobacco Sales Act.

LICENSING:

The Mission of the Community Care Facilities Licensing Program is to promote and protect the well-being of individuals in licensed care facilities. When care is provided for more than 2 children not related (by blood or marriage) to the operator, a provincial "Child Care License" is required.

Licensing Officer (604) 485-3333 Fax (604) 485-3305

HOME AND COMMUNITY CARE SERVICES

PHONE (604) 485-3310

FAX (604) 485-3305

CASE MANAGEMENT:

Case Management Services are provided by registered nurses to individuals 19 years or older who have a chronic health condition and meet eligibility criteria. Case Managers provide assessment and referral to home support, Assisted Living, Olive Devaud Intermediate Care and Evergreen E.C.U. Adult Day Care Program.

HOME CARE NURSING (HCN):

Direct nursing care is available in home to clients of any age with acute, chronic, or palliative care needs. Clinical services are also provided in an ambulatory clinic. We are available 7 days a week including Holidays, 8:15 am - 5:00 pm.

HEALTH SERVICES FOR COMMUNITY LIVING (HSCL):

The HSCL nurses provide nursing services to adults 19 years or older with developmental disabilities living in the community.

HOME SUPPORT:

We provide in-home service to help maintain an individual's independence in times of crisis, or long-term health or physical problems. Services include personal care, meal preparation, & respite for family caregivers.

HOSPICE AND CAREGIVER SUPPORT:

LINDA DEVRIES, RN Coordinator/Facilitator

Caregiver Group: Bi-weekly meeting for caregivers of frail seniors with chronic and terminal illnesses. Individual counselling is also available.

Program houses a Resource Center for the Alzheimer Society of BC.

Early Alzheimer's Support Group: Provides support for people in the early stages of Alzheimer's disease.

Friendly Visitor Program:

Companionship: to socially-isolated seniors.

Grief Recovery Program

For bereaved individuals.

Hospice Palliative Care Program: Provides psychosocial support for people in the last phases of an incurable disease and for their families and also for bereaved individuals. We provide information, education and training regarding the process of dying and bereavement to volunteers and community. Individual counselling and/or volunteer visitor support.

Journey Through Grief Program

A component of Hospice for bereaved individuals, offers a six-week group, to help work through grieving issues.

POWELL RIVER COMMUNITY RESOURCE CENTRE

Mailing Address: #103 - 4511 Marine Avenue, Powell River, BC

Street Address: 4752 Joyce Avenue, Powell River, B.C. V8A 3B6

ELIZABETH LANE

Manager

Phone: 604-485-0992

Fax: 604-485-0995

Powell River's new Community Resource Centre is a central hub for community information including referrals. It is open to all Powell River residents and visitors on a drop in basis. There is a wide range of pamphlets and posters highlighting the services and opportunities available to the people of Powell River. There is staff available to talk privately with people and make referrals to other services. The Poverty Law Advocacy Program (see separate listing) and the Community Assistance Program (CAP II) are co-located in the CRC. The centre has free public internet access, book exchange, Volunteer program and a community café. A Demonstration Garden was created in the first year of the CRC and a wheelchair accessible teaching kitchen is being built where "food security" activities, such as community kitchens will take place. Workshops and information sessions on topics that are of interest to community member are scheduled. An office and meeting room is available for use by community groups and the Centre may be booked for evening or weekend activities.

POWELL RIVER COMMUNITY SERVICES ASSOCIATION

Office and Mailing Address
#209-4801 Joyce Avenue
Powell River, B.C. V8A 3B7

Phone (604) 485-5335
FAX (604) 485-6168

JULIE CHAMBERS

Executive Director

EMAIL chamberj@telus.net

OFFICE HOURS: 9:00 a.m. - 4:00 p.m., Monday to Thursday. This is a non-profit organization that plans and administers social services to improve the quality of life in the community. We are funded in part by United Way. Donations are tax deductible. One of the Society's programs includes the following:

DIRECTORY OF ORGANIZATIONS AND SERVICES

This Directory includes groups, clubs, societies, associations, services and programs in the Powell River District. There is no charge for being listed. The purchase price is \$20 for the book or \$15 for a DVD or CD computer disk. If your group is not listed here, or if you would like to purchase a directory, please contact the Community Services Association.

THE POVERTY LAW ADVOCACY PROGRAM

Community Resource Centre 4752 Joyce Avenue, Powell River, B.C. V8A 3B6
Hours: Monday to Friday. 9:00 – 4:30

GILLIAN ANDREW Advocate
Email povertylaw@onelink.ca

PH (604) 485-0950
FAX (604) 485-0995

The program provides free and confidential service to people with legal poverty related issues, including applying for provincial and federal benefits of all kinds, appealing denials, tenancy issues, debt and collections, employment problems, human rights, etc.

SPECIALIZED VICTIM SUPPORT SERVICES, POWELL RIVER

STEFANIE CAMPBELL Coordinator (604) 485-2620
FAX (604) 485-6168

Hours: Monday to Thursday. We provide a free and confidential support service for women and men who are victims of spousal or sexual assault, criminal harassment, or stalking, and for children who have been sexually abused. The service includes general information, accompaniment to court and legal or medical appointments, court orientation, and referrals to appropriate community services. We provide assistance with Victim Impact Statements and Criminal Injury Compensation applications. There is a Book and video library available.

POLICE BASED VICTIM SUPPORT SERVICES, POWELL RIVER

CHRISTINE SCHREIBER Coordinator: 604-485-3418 or 604-485-3415

Fax: 604-485-3417

GERRI KINRADE

Part time Support Worker:

Police-Based Victims Services provides direct support services to crime and trauma victims and witnesses. Some of the services provided are: Crisis intervention support, emotional support and information about a victim's specific case, including police file and court file updates. Practical assistance is offered, including safety planning, assistance in completing Victim Impact Statements and applications for the Crime Victim Assistance Program; orientation to the criminal justice system, and witness preparation. There is Accompaniment or the facilitation of accompaniment, to meetings with police, Crown Counsel or court. Referrals are made to appropriate community agencies such as counseling.

POWELL RIVER DIVERSITY INITIATIVE (PRDI)

Mailing Address: #103 – 4511 Marine Avenue, V8A 2K5
(604)485-2675 Fax: (604) 485-9244

SARA BLUM

Coordinator

EMAIL: prdi@prepsociety.org

Guided by a community Steering Committee, projects implemented under PRDI include activities to raise awareness and enhance understanding regarding diversity issues at both the personal and community levels. Projects in 2008 include Diversity Conversations, Safe Harbour Program and Youth Ambassador Program. PRDI is the follow-up to the 2 year PRAMI (Powell River Anti-racism Multi-cultural initiative) which produced a Critical Incident Response Model.

POWELL RIVER EMPLOYMENT PROGRAM SOCIETY, (PREP)

4727 Marine Avenue

Street Address

(604) 485-2004

#103-4511 Marine Avenue, V8A 2K5

Mailing Address

FAX (604) 485-9244

DENNIS BREMNER

Chairperson

MARGARET LEITNER

Executive Administrator

EMAIL prep@prepsociety.org

WEBSITE: www.prepsociety.org

As an “umbrella” organization, the PREP Society administers a range of community-based projects, and health and social service programs. PROGRAMS include: (see separate listings): Community Resource Centre, Powell River Diversity Initiative, Food Security Project, Literacy Outreach, Community Adult Literacy and Learning, Powell River Family Place.

Services also include the following:

BABIES OPEN NEW DOORS (BOND) PROGRAM

#103 – 4511 Marine Avenue, V8A 2K5 Mailing Address
(604) 485-2604

KATIE FODOR

Program Coordinator

FAX (604) 485-9244

EMAIL bondprogram@prepsociety.org

Babies Open New Doors (BOND) is a Canada Pre-Natal Nutrition Program providing support and information for pregnant women to 6 months post-partum whose pregnancies may be affected negatively due to lifestyle factors. Referrals from physicians and family members as well as self-referrals are accepted. Weekly group session, one-on-one outreach support and nutrition education and assessments are provided free to program participants. Staff includes an R.N., R.D., and an Outreach Worker. Funded by Public Health Agency of Canada and operates in partnership with Powell River Community Health.

CAREER LINK

#103-4511 Marine Avenue, V8A 2K5
(604) 485-7958

LYN ADAMSON

Program Director

FAX (604) 485-7997

EMAIL: lyn@careerlink.com

EMAIL yourteam@careerlinkbc.ca

Career Link is a full-service employment centre, offering assistance and resources for job search, career planning and training, through workshops, individual employment counselling and a drop-in resource area. Workshop topics include: communication skills, confidence-building, goal-setting, interview skills, resume tips, basic computer skills, effective job search strategies and career exploration. Counsellors assist clients with: career planning, resumes and job search, training sponsorship, and other related activities. Drop-in services include: job postings, newspapers, photocopier, fax machine, telephone, phone message service, BC college calendars, and a computer lab with internet access for job search or career research. Career Link also offers job search, training and placement support through ministry-funded BC Employment Program. All services are free. There is major funding provided by the Government of Canada and the Ministry of Housing and Social Development (MHSD). HOURS: 8:30 a.m. – 4:30 p.m. weekdays.

FOOD SECURITY COALITION

c/o PREP Society

102 – 4511 Marine Avenue, V8A 2K5 (Mailing Address)

PHONE: (604) 485-2004

EMAIL: prep@prepsociety.org or fsp@prepsociety.org

The Food Security Coalition was established in 1998 and is open to all community members who are interested or involved in any aspect of food security for Powell River. The mission of the FSC is:

“The Food Security Coalition strives to enhance food security locally by:

- linking food and related interests through communication and partnerships;
- promoting food and awareness through information gathering and education;

- initiating, supporting and participating in food action;
- encouraging community development by sharing information, skills and resources;
- advocating and recommending policy regarding food and related issues;
- supporting the development of the local food economy.”

FOOD SECURITY PROJECT

c/o PREP Society
 103-4511 Marine Avenue, V8A 2K5 - mailing address
 Telephone (604) 485-2004
 Fax (604) 485-9244

DAVID PARKINSON Coordinator

EMAIL: fsp@prepsociety.org

Project activities focus on enhancing food security for individuals and the community as a whole through education and supporting local food production.

LITERACY NOW IMPLEMENTATION PROJECT

Telephone: (604) 485-2004 FAX: (604) 485-9244
 Website: www.powellriverliteracy.ca

EMMA LAROCQUE Coordinator

EMAIL literacypr@prepsociety.org

Funding from Literacy Now is directed towards implementing recommendations and activities according to the Powell River Community Literacy Plan, including raising awareness of the importance of literacy for individuals of all ages, as well as the larger community. The project is guided by the Powell River Literacy Council which is made up of a cross-section of representatives from the Community. Current information about literacy programs and services in Powell River can be found at www.powellriverliteracy.ca or by contacting the project coordinator.

POWELL RIVER FAMILY PLACE

Mailing Address: #103 – 4511 Marine Avenue V8A 2K5,
 Location: Town Centre Mall across from Cole’s Books
 TEL (604) 485-2706 FAX (604) 485-9244

JEAN MACKENZIE Coordinator

EMAIL familyplace@prepsociety.org

Community-based child and parent-friendly resource centre where families with young children can meet and make new friends, gain a sense of community and access ongoing peer and professional support in order to raise happy, healthy children. Hours: Drop-in Tuesday, Wednesday, Thursday 10:30 am–4:30 pm and Friday from 12:30 – 4:30 pm. Weekly Programs such as Parent –Child Mother Goose, Toddler Time Drop-In, open parent-directed activities and special events, such as “Fun in the Sun” summer program, as scheduled. Also offered: Good Food Box sales and pick up; Community Access Computer; Community Garden group; parents’ resource library; children’s clothing and book swap; and

Book Bag Exchange Program. All families and caregivers with children birth – 6 years of age are welcome!

CALL ADULT LITERACY AND LEARNING (CALL)

#103 – 4511 Marine Avenue, Powell River, B.C. V8A 2K5
FAX (604) 485-9244

DEB CALDERON COORDINATOR

EMAIL: call@prepsociety.org

CALL serves adults who wish to improve their literacy through 1:1 tutoring, within a community-based setting. In partnership with Vancouver Island University, volunteer tutors are trained. Learners are recruited and assessed and matched with tutors. CALL is funded under the provincial Community Adult Learning Programs (CALP).

SUNSHINE COAST TREATMENT SERVICES (SCTS)

#103 – 4511 Marine Avenue V8A 2K5 Mailing Address
FAX/PHONE (604) 485-7983
EMAIL scts@prepsociety.org

Sunshine Coast Treatment Services has been providing individual physician-directed methadone treatment services in Powell River since 2002. The program works in partnership with a certified physician, Vancouver Coastal Health – Public Health, and Ministry of Housing and Social Development. Adjunct services include counselling, herpetology and referrals. Call to make an appointment.

Contact Information:

MAILING ADDRESS: 103-4511 Marine Avenue, Powell River, B. C. V8A 2K5
TELEPHONE/FAX: 604-485-7983
EMAIL: scts@prepsociety.org

WAGE SUBSIDY PROGRAM

FAX (604) 485-7997

MARK LEMMA

Program Coordinator

(604) 485-7958

Program provides a wage subsidy to eligible employers who hire and provide on-the-job training for individuals who are currently receiving Employment Insurance (EI), who have received EI in the past three years or who have had a maternity/paternity EI claim in the past five years. This program is funded by Service Canada.

POWELL RIVER FORESTRY MUSEUM SOCIETY

P.O. Box 186, V8A 4Z6 www.prforestrymuseum.org

RUDI VAN ZWAAIJ

President

(604) 483-9828

DAVE FLORENCE

Vice President

(604) 487-0356

CHET FEE

Treasurer

(604) 487-9031

Our purpose is to preserve and maintain the heritage and history of forestry in the Powell

River area. We Maintain the Willingdon Beach Trail (and all the logging displays along the trail). MEETINGS: 2nd Tuesday, 7:00 pm at the old bath house at Willingdon Beach in the summer and in the winter please call for information about the location of the meeting.

POWELL RIVER HISTORICAL MUSEUM & ARCHIVES

4790 & 4798 Marine Avenue, opposite Willingdon Beach
P.O. Box 42, V8A 4Z5 Mailing Address FAX (604) 485-2327
WEBSITE: www.powellrivermuseum.ca EMAIL museum@powellrivermuseum.ca

TEEDIE KAGUME Coordinator (604) 485-2222
DON ALLAN President

We collect, preserve and exhibit the history of the Powell River area. Two floors of displays welcome visitors. Researchers are welcome. From September through to May we welcome everyone to our “Museum Talks” on the last Tuesday of every month. A member of our community comes to talk about their life, admission is free although donations are always appreciated. Please watch the local paper for the name of the speaker.

HOURS: 9:00 am – 4:30 pm, seven days a week from mid-June to end of August. 9:00 am – 4:30 pm from September – until mid-June. We are closed for public holidays in winter.

The lower floor of the Museum is wheelchair accessible.

POWELL RIVER MENTAL HEALTH & ADDICTION SERVICES,

5000 Joyce Avenue, 3rd floor, Powell River, B.C. V8A 5R3
(604) 485-3300
FAX (604) 485-3303
CRISIS CENTRE DISTRESS LINE: Toll Free 24 hrs/7/days a week 1(866)661-3311
SUICIDE LINE: 1 (800) 784-2433

NORA KOROS Manager

Local services provided at no charge, funded through Vancouver Coastal Health.

Services include:

ADDICTION OUTPATIENT PROGRAM

We are located on the 3rd level of the Powell River General Hospital. Confidential assessment and services for individuals and families with drug and alcohol related problems, which are self-referred or referred by an agency/organization. Treatment services may include outpatient counselling, group counselling and/or referral to an appropriate residential treatment program elsewhere in BC. OFFICE HOURS: 8:30 am – 4:30 pm, Monday – Friday, by appointment.

SUBSTANCE ABUSE PREVENTION PROGRAM

RACHEL HRYNIUK 604-485-3300 ext: 4415

WEBSITE: <http://www.dappr.ca/> Service operates within district schools and the community at large. For more information about this program please contact Powell River Mental Health & Addiction Services – above.

MENTAL HEALTH PROGRAMS:

We offer Community mental health program, for adults 19 years and older including long and short-term psychiatric programs, crisis response and older adult program. Referrals are through family physician or contact may be made directly. We are funded by the Ministry of Health. OFFICE HOURS: 8:30 a.m. – 4:30 p.m. weekdays.

Services include the following:

ACUTE SHORT-TERM ASSESSMENT PROGRAM (Intake Program)

This is the first point of entry for adult psychiatric assessment and referrals to mental health programs. Referral to A.S.A.P. not required but family physician may refer and client is encouraged to involve family physician as they are the Primary Health Care Provider.

ADULT SHORT TERM COUNSELLING: Short-term one-to-one counselling for people with and including groups for people with serious acute mental disorders such as depression, anxiety and adjustment problems.

PSYCHIATRIC INPATIENT UNIT: (Koros, Nora [SC] 7 bed inpatient UNIT on 4th level of PRGH for people suffering from a psychiatric illness who are unable to be cared for at home or in a supportive community program.

OLDER ADULT MENTAL HEALTH PROGRAM:

Offers referral, assessment and psychiatric consultation for people who have an age related mental condition such as dementia, memory impairment and depression.

ADULT COMMUNITY SUPPORT: This program is for adults with serious and persistent mental disorders such as schizophrenia, bipolar disorder that requires ongoing support from a community mental health nurse care coordinator, medication management and psychiatric consultations.

FAMILY CARE HOME PROGRAM:

Individuals with a severe and persistent mental illness and who are unable to manage independent living reside with a caregiver in the caregiver's home. Meals and other amenities are provided as well as medication administration and support.

VOCATIONAL REHABILITATION: Prevocational and supported work placements for persons with a severe and persistent mental illness. Referrals are by Mental Health.

COMMUNITY LIVING SUPPORT SERVICES

We provide community living support service for persons with a severe and persistent mental illness, in the home and the community. Referrals are made by Mental Health.

SEMI-INDEPENDENT LIVING PROGRAM

We provide financial and other support services to persons with long-term mental illness, to enable them to live in the community as independently as possible. Referrals are made through Mental Health.

POWELL RIVER PUBLIC LIBRARY

4411 Michigan Avenue, V8A 2S3
(604) 485-4796
FAX: (604) 485-5320

CHARLIE KREGEL Chief Librarian FAX (604) 485-8661
EMAIL: ckregel@powellriverlibrary.ca

WEBSITE <http://www.powellriverlibrary.ca> EMAIL powellriverlibrary@shaw.ca

The Powell River Public Library is the best deal in town. Anyone can walk in, pull up a chair and enjoy our books, magazines, free wi-fi or public computers. Library cards are free to area residents and enable you to borrow from our collections of books, magazines, DVDs and more. Come in and pick up the Getting Started Guide for a full description of our many services and programs.

LIBRARY HOURS:

10:00 am – 6:00 pm Monday & Thursday
10:00 am – 8:30 pm Tuesday, Wednesday and Friday;
10:00 am – 5:00 pm Sat.

FRIENDS OF THE LIBRARY

JENA LORBACH President (604) 483-9509

Library advocacy and fundraising. New members welcome!

ADULT BOOK CLUBS

4411 Michigan Avenue, V8A 2S3

PAMELA BROWN Contact (604) 485-8666

Meets at the library once each month on Tuesday evenings and Thursday afternoons.

POWELL RIVER REGIONAL ECONOMIC DEVELOPMENT SOCIETY (PRREDS)

201A - 7373 Duncan Street V8A 1W6
Toll-free: 1-877-330-8118 Fax: (604) 485-0385

SCOTT RANDOLPH Economic Development Manager (604) 485-0325

WEBSITE: <http://www.prreds.com> EMAIL: info@prreds.com

Mission: To create a strong and vibrant upper Sunshine Coast, through economic diversification, community participation and development. HOURS: 8:30 am – 4:30 pm Mon. – Fri. Closed between 12:00 & 1:00pm.

PRO-LIFE SOCIETY, POWELL RIVER

SHARON WRIGHT President (604) 483-1891
EMAIL powellriverprolifesociety@gmail.com

Exists to assert and defend the right to life of the innocent. Also is the resource centre for all life issues.

PROBATION, POWELL RIVER – see Community Corrections, Powell River

PROVINCIAL EMERGENCY PROGRAM (PEP)

Municipal Hall, 6910 Duncan Street, V8A 1V4 FAX (604) 485-0976

DOUG NAUER Coordinator – PEP (604) 485-2981
DON MCLEOD Search & Rescue (w) (604) 485-2741
(Evenings) (604) 483-4753
(Cell) (604) 483-8044

DONNA REKVE Emergency Social Services Director (604) 483-8971
DAN OULETTE Director of Fire & Emergency Services (604) 485-4431

WEBSITE: <http://www.pep.bc.ca> EMAIL: doulette@cdpr.bc.ca

Mission is to enhance public safety and reduce property and economic loss from actual or imminent emergencies or disasters.

RADIO CLUB

JAMES CORBETT President (604) 483-2031
BILL NORRIS Contact (604) 483-2164
RICHARD ROBERTS Contact (604) 483-2254

This is a Ham Radio Operators’ club for all interested people. You need not own a radio to participate. Call for more information.

REACH FOR RECOVERY see Cancer Society, Powell River

RECREATION COMPLEX see City of Powell River – Leisure Services, Powell River

RED CROSS LOAN CUPBOARD see Health-Care Auxiliary, Powell River

REFORMED CHURCH, POWELL RIVER

4372 Padgett Road Mailing Address: P.O. Box 322, V8A 5C2

GAIL HUGHES Contact (604) 414-0414
EMAIL prchurch@shaw.ca

We have Sunday Worship and Church School, 10:30 a.m. Call for more information.

REGIONAL DISTRICT, POWELL RIVER

5776 Marine Avenue, V8A 2M4

FAX (604) 483-2229

FRANCIS LADRET	Administrator	(604) 483-3231
COLIN PALMER	Chairperson	(604) 483-3231
DON TURNER	Regional Planner	(604) 483-3231

WEBSITE <http://www.powellriverrd.bc.ca> EMAIL administration@powellriverrd.bc.ca

REGIONAL BOARD MEMBERS: Colin Palmer (Chairman & Area C) Stan Gisborne (Area B), Dave Murphy (Area D), Merrick Anderson (Area E), Patrick Brabazon (Area A), Debbie Dee & Chris McNaughton (appointed by the City of Powell River).

REGION WIDE SERVICES: Regional Hospital District; cemeteries (Cranberry & woodland); parks (Palm Beach, Craig Park, Haywire Bay and Shelter Point); waste disposal; E911 Service.

ELECTORAL AREA SERVICES: land use planning, house numbering; emergency planning; Para Transit; septage disposal; library contribution; fire prevention (Malaspina, Northside, Lasqueti and Savary Volunteer Fire Departments); recreation (Kelly Creek, Lund, Texada); Texada Medical Clinic; Texada Island Airport; marine facilities (Savary, Texada and Lasqueti Island); limited sewer and water services.

MEETINGS: 4th Thursday 7:30 pm at City Hall, 6910 Duncan Street. HOURS: 8:30 am to 4:30 pm – Monday – Friday.

Services also include the following:

TEXADA ISLAND RECREATION COMMISSION

GLENDA NIKIRK	Chairperson	(604) 486-0011
BRENDA CAMPBELL	Caretaker	(604) 486-7718

Appointed by Powell River Regional District. Operates recreation facilities on Texada Island, including rental of Texada Island Community Hall at Gillies Bay.

REGIONAL FILM COMMISSION, POWELL RIVER see Film Festival Society, Powell River Regional

RESIDENTIAL TENANCY BRANCH, BC

Toll Free: 24 hour line 1 (800) 665-8779

Note: you can talk with an Information Officer during business hours 8:30 to 4:15 Monday through Friday

WEBSITE <http://www.rto.gov.bc.ca>

EMAIL: hsrto@gov.bc.ca

We have Information for landlords and tenants about their rights and responsibilities under the law in British Columbia.

ROBBIE BURNS DINNER see St. Andrew's Ladies Club

ROCK CLIMBING see Alpine Club and Climbers' Access

ROCK ISLAND PLAYERS

P.O. Box 28, Gillies Bay, BC, V0N 1W0

PETER LOCK

Contact

(604) 486-7670

Texada Island theatre group. New members welcome.

ROD AND GUN CLUB

P.O. Box 81, V8A 4Z5
3300 Rifle Range Road

Mailing Address
Club House

Facilities include outdoor and indoor ranges. Hosts trap, pistol and rifle shoots. We are involved in conservation projects. MEETINGS: 1st Wednesday, 7:00 pm at the clubhouse, except July and August.

ROMAN CATHOLIC CHURCH see Assumption, Church of the

RONALD MCDONALD HOUSE

4116 Angus Drive, Vancouver, BC, V6J 4H9
Vancouver: (604) 736-2957
FAX (604) 736-5974
PHONE: (604) 736-2957

WEBSITE: www.ronaldmcdonaldhousebc.com

We are a residential facility for out-of-town families of children who are in treatment for cancer and other life threatening conditions at BC Children's Hospital. Cost is \$12 per family per night.

ROTARY CLUB

PO BOX 74 Powell River, BC V8A 4Z5

SCOTT RANDOLPH

2010/2011 President

(604) 485-2330

EMAIL srandolph@prreds.com

ED FRAUSEL

2009/2010 President

(604) 485-6562

EMAIL efrausel@shaw.ca

AMBER EVANS

2009/2010 Secretary

(604) 223-0438

EMAIL arebma@gmail.com

An organization of business and professional leaders, men and women, united world-wide, who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. We sponsor an International Youth Exchange Program. MEETINGS: Wednesdays, 6:30 pm at the Town Centre Hotel.

ROYAL CANADIAN AIR CADETS # 22 (RED KNIGHT SQUADRON)

P.O. Box 116, V8A 4Z5
FAX/PHONE (604) 483-3096

Timberlane

Email: 22-air@cadets.net

CAPTAIN AL BARTLEY	Commanding Officer	(604) 483-3336
CHRISTINE BOYDT	Officer	(604) 485-5349

Activities include flying, gliding, range, hiking, camping, first aid and citizenship. MEETINGS: Thursdays, 6:30 – 9:30 pm, Timberlane Barracks.

ROYAL CANADIAN ARMY CADETS # 2781

P.O. Box 310, V8A 5C2 Timberlane
(604) 483-3993

CAPT. ELFI JOLIE	Commanding Officer	(604) 483-2062
CAPT. PAUL CAMPBELL	Admin. Officer	(604) 485-2059

Activities include bush craft, first aid, survival, pipe band, citizenship, rifle safety, abseil, and map and compass. We offer Canada Fitness and Duke of Edinburgh Award Programs. Open to all youth aged 12-18 years who are physically fit. Senior Cadets are eligible for foreign exchange trips. MEETINGS: Wednesdays at 6:30 pm, Timberlane barracks.

ROYAL CANADIAN LEGION BRANCH # 232 TEXADA ISLAND

Legion Road Van Anda V0N 3K0
(604) 486-7750

FRED MCELROY	President	(604) 486-0101
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We look after the welfare of Veterans and their dependants. MEETINGS: 2nd Friday, 7:00 p.m., Texada Legion Hall. Hours: 4:00 p.m. Wednesday – Saturday.

ROYAL CANADIAN LEGION PACIFIC BRANCH # 164

Alexander House – 6811 Alexander Street, V8A 2A9
(604) 485-4870

BEV MANSELL	President	(604) 485-4870
KAREN CRASHLEY	Secretary	(604) 485-4870
GORDON MEEHAN	Service Officer	(604) 485-4870

We provide services for veterans and their children and grandchildren, youth activities and sports, as well as scholarships and bursaries. OFFICE HOURS: 10:00 a.m. – 2:00 p.m., Monday to Saturday. LOUNGE OPEN Daily, 2:00 pm. We have competitive prices. Visiting Legion members and guests welcome. We have darts, shuffleboard, crib, bridge, and carpet bowling and dancing and barbeques on special evenings. . MEETINGS: 4th Thursday, 1:30 pm at Alexander House.

ROYAL CANADIAN LEGION PACIFIC BRANCH # 164 LADIES AUXILIARY

KAREN CRASHLEY	President	(604) 485-5176
JUDY BOXALL	Secretary	

There is fund-raising for the Legion. MEETINGS: 3rd Thursday, 1:30 pm at Alexander House.

Thursdays, Old Cranberry School Field. No experience necessary.

RURAL TRANSIT

(604) 483-2008

WEBSITE: www.busonline.ca

Rural Transit provides fully accessible bus service for people living outside of the fixed-route transit service area. Buses travel to Stillwater and Roberts Road to the south on Monday, Tuesday, Wednesday and Friday. Buses travel to Texada Island on Thursday and Saltery Bay on Monday. Service is available Monday to Friday, 8:00 a.m. to 3:45 p.m. Call **604-483-2008** for more information about Rural Transit Service.

SACRED HEART CHURCH see Sliammon First Nation

SALMON HATCHERY see Sliammon First Nation

SALMON SOCIETY, POWELL RIVER

5775 Ash Avenue, V8A 4R5

EMAIL prsalmon@telus.net

SHANE DOBLER

Project Manager

(604) 483-9440

The Society has been organized to enhance the salmon stocks. "We are currently operating salmon hatcheries at Duck Lake and Powell River Pulp Mill, and a spawning channel at Lang Bay".

SALVATION ARMY, THE

4500 Joyce Avenue, V8A 3A6

(604) 485-6067

WEBSITE: www.sapr.ca

EMAIL: s_army@shaw.ca

RICK & JENNIFER ROBINS

Captains

FAX (604) 485-6554

Sunday Worship: 10:30 a.m. Community Soup 'n Sandwich Lunch (September to May) on Wednesdays 11:30 am – 1:00 pm. All welcome (freewill donations accepted). Bread giveaway on Mondays and Fridays from 1:00 – 3:00 pm. Community KidsKlub (September to May): Thursday afternoon 3:00-5:00 p.m., ages 5 – 11. Other activities include Men's and Ladies' Bible Studies and a Church Bible study, Ladies' and Men's Fellowship times, special events, retreats, and family camp programs. We also have a Youth Group on Fridays 6:30 to 9:30. Family Services provides emergency food assistance, fire and victim assistance, missing person's assistance and self-help programs.

OFFICE HOURS: Monday, Tuesday, Wednesday, Thursday, Friday, 9:00 am – 4:00 pm.

Family service office hours are: Monday and Friday afternoons from 1:00 – 3:00 pm and Wednesdays 11:00 to 2:00. For more information please contact Rick or Jennifer at 604-485-6067. In case of an emergency, call 604-485-6067.

SASSYSCRIBES

#14 – 7624 Duncan Street, V8A 5L2

Web: <http://groups.yahoo.com/group/sassyscribe2003>

BARB REES

Contact

(604) 485-2732

EMAIL dreambg1@shaw.ca

We are a relaxed writer's group that meets monthly to encourage and support. Call for times and location.

SAVARY ISLAND COMMITTEE

Website: www.savaryislandcommittee.homestead.com

EMAIL: savaryislandcommitte@shaw.ca

dandjmcguire@telus.net

Elected body which acts in an advisory capacity to the Powell River Regional District and other government agencies. Has developed a transportation plan and is working on other issues of concern to Savary Island property owners, such as fires and water.

SAVARY ISLAND LAND TRUST SOCIETY

LENORE ROWNTREE

Chair

LIZ WEBSTER

Executive Director

(604) 483-4743

Powell River (604) 414-0073

WEBSITE: www.silts.ca

EMAIL: silts@telus.net

The Savary Island Land Trust (S.I.L.T.) is a non-profit organization dedicated to the preservation and protection of natural areas and biological diversity on Savary Island for present and future generations. S.I.L.T. was incorporated as a society in October 1997 and we received registered Charity status in June 1998. SILT was established when the last undivided and undeveloped District Lot (DL1375) on Savary was under threat of subdivision. Since 1997, SILT has worked with federal, provincial and local governments and the Nature Trust of BC to support the preservation of this 330 acre parcel, which contains the best example of a coastal dune ecosystem in Canada. Beyond these origins, SILT has received nine donations of land on Savary for a total of 14 acres and has over 235 members. SILT provides educational materials and programs to the public and administers the Gouin Family Lot Consolidation Fund, a fund to encourage Savary Island property owners to consolidate lots on Savary.

SAVARY ISLAND NEWS

P.O. Box 193, Lund, BC, V0N 2G0

JUANITA CHASE

Contact

(604) 483-4314

Local news and historic profiles of Savary Island. Ten issues, September to June.

SCHIZOPHRENIA SOCIETY, POWELL RIVER

BARBARA DAWE

Branch President

(604) 483-3355

EMAIL: fdawe@shaw.ca

The Powell River branch of the BC Schizophrenia Society is dedicated to alleviating the suffering caused by serious and persistent mental illness by offering information, education and support to families and mental health consumers. We offer:

- **A support group** that meets the 3rd Monday from 7:00 – 9:00 pm at the Source Club (4476 Cumberland Street). Everyone is welcome
- **A branch**, which meets the 1st Tuesday from 7:00 – 9:00 pm in the Bruce Dennison Society Office on Marine Avenue.. Guest speakers or informative videos often featured.
- **Family to Family education program** for people who have a loved one with a mental illness. This 12-week program is free and offered in the early spring each year.
- **BRIDGES education program** for people who have a mental illness. This 12-week program is usually offered in the fall.
- **Kids in Control program and support group.** An 8-week educational program for children ages 8-16 who have a loved one with a mental illness is offered in late spring. The support group is 1st Thursday from September – June. Pre-registration is required. Please phone Danita Sense. Children don't have to have taken the Kids in Control program to attend the support group.
- **A Family and Consumer Resource Centre** that is open the 3rd Thursday from 3:00 – 7:00 pm downstairs at the Source Club and a lending library that is open any time on demand also at the Source Club.

SCHOOL DISTRICT #47, POWELL RIVER

4351 Ontario Avenue, V8A 1V3
 TELEPHONE (604) 485-6271
 FAX (604) 485-6435

JAY YULE	Superintendent of Schools	EMAIL: jyule@sd47.bc.ca
STEVE HOPKINS	Secretary/Treasurer	EMAIL: shopkins@sd47.bc.ca
DON FAIRBAIRN	Director of Instruction	EMAIL: dfairbairn@sd47.bc.ca
COLLEEN HALLIS	Human Resources Officer	EMAIL: challis@sd47.bc.ca

WEBSITE: <http://www.sd47.bc.ca>

SCHOOL BOARD MEMBERS: Aaron Reid, Doug Skinner, Mary James, Debby Lewis, and Jeanette Scott. Operates and administers the public schools of the district within the Public Schools Act and Regulations. There is educational counselling and special services on referral to Special Education Department. Employment services for teachers, school clerical workers, aides, custodians, maintenance personnel and bus drivers. Contact individual schools for Parent Advisory and meeting information. **SCHOOL BOARD MEETINGS:** 3rd Tuesday of the month at 4:00 p.m. (check website for occasional exceptions) at the School Board Office.

BROOKS SECONDARY SCHOOL

5400 Marine Avenue, V8A 2L6

(604) 483-3171

FAX (604) 483-3127

KATHY ROTHWELL

Principal

CULINARY ARTS PROGRAM

MARIELLE BENSON

(604) 483-7967

MAX CAMERON THEATRE

JACQUIE DAWSON (604) 483-3900

TRADES & TECHNICAL

TROY MARSHALL (604) 414-5395

BROOKS OFFSITE

4707 Algoma Avenue, V8A 2N7 (604) 485-5257
FAX (604) 485-2968

EDGEHILL ELEMENTARY SCHOOL

7312 Abbotsford Street, V8A 2G5 FAX (604) 485-6164
FAX (604) 485-4693

KRISTIN BRACH Principal

GRIEF POINT ELEMENTARY SCHOOL

6960 Quesnel Street, V8A 1J2 FAX (604) 485-5660
FAX (604) 485-5084

JACQUE SCHOLTZ Principal

HENDERSON ELEMENTARY SCHOOL

5506 Willow Avenue, V8A 4P4 FAX (604) 483-9162
FAX (604) 483-3272

JAMIE BURT Principal

INTERNATIONAL EDUCATION PROGRAM

4351 Ontario Avenue, V8A 1V3 FAX (604) 414-2608
FAX (604) 485-6435

See more information under separate listing in directory.

JAMES THOMSON ELEMENTARY SCHOOL

6388 Sutherland Avenue, V8A 4W4 FAX (604) 483-3191
FAX (604) 483-3227

TAWNIE GAUDREAU Principal

KELLY CREEK COMMUNITY SCHOOL

RR#3 Zilinsky Road, V8A 5C1 FAX (604) 487-9022
FAX (604) 487-0808

BILL BAILEY Principal

KELLY CREEK COMMUNITY SCHOOL RECREATION PROGRAM

C35 RR #3 Patrick Road, V8A 5C1 (604) 487-9925
LAURIE LEE Coordinator FAX (604) 487-0808

We have programs for children and adults in the Powell River region, including recreation, arts, sports, computer, first aid, and family activities. Scheduled after school (2:30 – 9:00 p.m.), weekends, and summer. See more information on activities under separate listing in directory.

OCEANVIEW MIDDLE SCHOOL

7105 Nootka Street, V8A 5E3

(604) 485-2756
FAX (604) 485-2759

FRANK RADCLIFFE Principal

TEXADA ELEMENTARY SCHOOL

P.O. Box 40, Van Anda, BC V0N 3K0

(604) 486-7616
FAX (604) 486-7488

CAROL BROWN Principal

SCHOOLS, FRENCH see École Côte Du Soleil

SCOTTISH COUNTRY DANCE CLUB

JACK VLUG

Contact

(604) 485-6801
EMAIL: jmvlug@shaw.ca

Dances: Reels, jigs, and strathspeys. No partner needed. Adult beginners and intermediates meet at Grief Point School Gym, Mondays, 7:00 – 9:00 pm, October to May. Children’s classes are also available (ages 6-14).

SCOUTS CANADA, POWELL RIVER

Toll-free: 1 (888) 726-8876

WEBSITE: www.bc.scouts.ca

Activities: Citizenship, camp-outs, hikes, and outdoor recreation. Levels: Beavers, Cubs, Scouts, Venturers.

SEA CADETS see Royal Canadian Sea Cadets Corp # 64

SEA FAIR SOCIETY, POWELL RIVER

#30, 4949 Ontario Avenue, Powell River, B.C. V8A

DONNA REKVE	President	(604) 483-4420
DIXIE VAN SAMANG	Secretary	(604) 414-0608
CAROL HAMILTON	Events Coordinator	(604) 485-7480

WEBSITE: <http://www.discoverpowellriver.com> EMAIL: k.hamilton@shaw.ca

Activities: Organizes the annual Sea Fair including a parade, treasure hunt, live entertainment, midway, games of chance, craft displays, food booths, fireworks and much more. Fund raising opportunity for non-profit organizations as well as individuals. Events take place July 30th, 31st and August 1st.

SEAVIEW GUEST HOMES, 1973, LTD.

6945 Crofton Street V8A 1W8

(604) 485-6803
FAX (604) 483-2272

CATHY MCDONALD Manager (604) 485-6803

Private Service providing specialized residential care for persons with developmental disabilities.

SEMI-INDEPENDENT LIVING PROGRAM see Powell River Mental and Addictions Services

SENIOR CITIZENS' ASSOCIATION, BRANCH # 49

WEBSITE: www.seniorcitizens.com

EMAIL: seniorcitizens_pr@shaw.ca

JIM ROSE	President	(604) 483-3779
ANN MACKENZIE	Secretary	(604) 483-3603
DICK SANGSTER	Treasurer	(604) 485-6653

Activities: Recreation, social events and assistance for senior citizens. New members welcome. The activities listed here take place at the Cranberry Seniors Centre unless stated otherwise. Go to the website listed above for activities and events not listed here. MEETINGS: 2nd Tuesday each month September to June, Luncheon at noon, Meeting at 1:00 p.m.

Barbecues June to September. See the website for dates and details.

Activities include:

Aquacises and Osop fitness as per Leisure Services schedule. Info: (604) 485-2891.

Bingo: Every Tuesdays except meeting days, 1:00 – 3:00 pm – Cranberry Centre. Info: Bob (604) 485-7678.

Bridge tuition: Wednesdays 10:00 am – noon. Info: Harold (604) 485-4096

Carpet bowling: 1:00 – 3:00 pm, Monday, Wednesday & Friday, Cedar Rm. Info: Jessie (604) 485-4781.

Choir Practice: (ages 50+) Tues. 10:00 – noon, Cranberry Centre. Tony Knight, (604) 485- 4353

Crafts and Sewing: Thursdays 9:30 – noon, Cranberry Centre. Info: Shirley (604) 485-4781.

Cribbage: Mondays 7:00 pm – Cranberry Centre. Info: John (604) 485-4781.

Country Band: Wednesdays 1:00 – 3:00 pm. Cranberry Centre. Info: Drop in.

Whist: Saturdays, 7:00 pm – Cranberry Centre. Info: Millie, (604) 485-2107.

Contract Bridge: Fridays 1:00 – Cranberry Centre. Info: Harold (604-485-4096

Computer Tuition: Wednesdays 10 – 11:30, 1 – 2:30, Cranberry Centre.

Info: Jim (604) 483-3779

SENIORS' SUPPLEMENT PROGRAM

Ministry of Human Resources, P.O. Box 9471 Stn. Prov. Govt. Victoria BC V8W 9V9

Toll-free: 1 (866) 866-0800

Automatic top-up pension for low-income seniors

SERVICE B.C. – GOVERNMENT OF B.C.

6953 Alberni Street, V8A 2B8

FAX (604) 485-3627

ROBERT WOODS Government Agent (604) 485-3622
Enquiry BC Toll-Free: 1 (800) 663-7867
Toll-Free TTY: 1 (800) 661-8773
WEBSITE: <http://www.gov.bc.ca>

Services include: Birth, Death and Marriage Certificates, Residential Tenancy disputes, Child Care Subsidy program, company names and registrations, lien and land title searches, Freshwater Fish and Wildlife licenses; gas and electrical permits; Medical Services Plan and Pharmacare enquiries, Mineral Titles information, Provincial payments, rural property tax, community computer access, terminal and general enquiries.
OFFICE HOURS: 8:30 a.m. – 4:30 p.m. weekdays.

Enquiry BC is a provincial call centre that provides telephone access to all provincial government ministries, Crown Corporations and public agencies. 1-800-663-7867
Hours of Operation: 7:30 a.m. to 5 p.m. – Monday through Friday.

SERVICE CANADA CENTRE (POWELL RIVER) AND NATION-WIDE

Click: <http://www.servicecanada.gc.ca>
Call: Toll-free: 1 (800) 622-6232
Visit: a Service Canada Centre
French: Toll-free 1 (800) 277-9915

WEBSITE: <http://www.servicecanada.gc.ca>

Federal programs for income security are Spousal Allowance, Orphan Benefit, Disability Benefit, Death Benefit, Canada Pension, and Old Age Security (for Canadian residents). Call the toll free numbers for information and application forms.

Service Canada provides access to government services and benefits. Information on Government of Canada programs and services is available on our website www.servicecanada.gc.ca, by phone at: **1-800-O-Canada (1-800-622-6232)**, or by visiting your local Service Canada Centre at 7061 A Duncan Street, Powell River BC V8A 1W1. Office hours are 8:30 am- 4:00 pm, Monday to Friday excluding statutory holidays.

SEVENTH-DAY ADVENTIST CHURCH

P.O. Box 293, V8A 4Z6 Mailing Address
4880 Manson Avenue Church Location (604) 485-7106
WEBSITE: www.prsda.ca

ERNEST DUNNING Pastor (604) 487-0647
STUART SAMPLE Treasurer (604) 485-5170

Sabbath School: Saturday at 9:30 am
Worship: Saturday at 11:00 am
Prayer Meeting Service: Wednesday at 7:30 p.m.
Soup Kitchen: Tuesday and Thursday from 11:30 am – 1:30 pm. Free – everyone welcome.
Fresh Veggies: Free – available on days that soup kitchen is open.
Haircuts: Wednesdays – Free.
Community Garden Plots: Open from Sunday at 1:30 pm until Fridays at 1:30 pm.

The purpose of the Association is to

(1) help its members acquire and share the knowledge, skills and resources they need in order to:

(a) grow, gather, raise and catch healthful food as locally as possible

(b) preserve, store prepare and share the bounty

(2) build a strong community and a diverse local food economy based on mutual support, fair prices, living wages and respect for the natural systems which sustain life.

SLIAMMON FIRST NATION

BAND ADMINISTRATION OFFICE

RR2, Sliammon Road, V8A 4Z3
(604) 483-9646

RUTH SAUDER

CAO

EMAIL: ruth.sauder@sliammon.bc.ca

BECKY HARRY

Office Coordinator

FAX (604) 483-9769

EMAIL: becky.harry@sliammon.bc.ca

Elections are held every two years and our current elected representatives are Clint Williams (Chief), and Councillors Alison Wilson, Tracy Timothy, Bruce Point, Gloria Francis, Eugene Louie, David Louie, Maynard Harry, Brian Hackett and John Hackett Jr.. Our office administers Education (elementary, high school and post secondary), Employment & Training, Finance, Real Property Taxation, Youth Centre, Fisheries, Housing and Maintenance and Social Development. OFFICE HOURS: 8:30 am – 4:30 pm, Monday – Friday.

CHILD DEVELOPMENT RESOURCE CENTRE

RR2, Sliammon Road, V8A 4Z3

(604) 483-3449

SANDRA TOM

Supervisor

FAX : (604) 483-3410

EMAIL sandra.tom@sliammon.bc.ca

Infant/tot childcare, Preschool (4 years), Kindergarten and K-5 transition, Childcare ages 3-5, Child- minding service (grade 1-5), reading circle, parenting workshops. All children welcome, please phone for registration. HOURS: 8:00 am – 5:00 pm – Monday to Friday.

DEVELOPMENT CORPORATION

RR2, C93, Klahanie Drive, V8A 4Z3

(604) 483-7777

ELAINE BLANEY Office Administrator

FAX (604) 483-7741

Joint venture initiatives, land management and development, forestry and fisheries projects. HOURS: 8:30 am – 4:30 pm, Monday to Friday.

CULTURAL CENTRE/ELDERS' LODGE (604) 483-9630

FIRE HALL (EMERGENCY 24 HOUR SERVICE)

RR2, Sliammon Road V8A 4Z3

Emergency: Dial 911

Fire Hall (604) 483-2444
FAX (604) 483-9769

Floyd George Volunteer Fire Chief

Calling 911 will dispatch Sliammon volunteer fire fighters to area emergencies.

YOUTH CENTRE (604) 483-3009

RCMP STATION
RR2, Sliammon Road V8A 4Z3 (604) 483-4618

SALISH CENTRE (GYMNASIUM)
RR2, Sliammon Road V8A 4Z3

DONNA TOM Secretary (604) 483 9646 Ext 221

Scheduled activities. Gymnasium can be rented for various functions and events.

SALMON HATCHERY
RR2, Sliammon Road V8A 4Z3 (604) 483-4111

LEE GEORGE Project Manager FAX: (604) 483-4145
EMAIL: lee.george@sliammon.bc.ca

SLIAMMON SACRED HEART CHURCH
Sliammon Road

MARY HARRY Contact (604) 483-3009
ELSIE PAUL Contact (604) 483-3983
BETTY WILSON Contact (604) 483-9447

Roman Catholic Church Sunday Mass: 11:30 a.m.

TLA'AMIN COMMUNITY HEALTH SERVICES
RR2 6690 Sliammon Road V8A 4Z3 Toll-free: 1 (888) 271-5555
FAX (604) 483-2466

LAURETTE BLOOMQUIST/BILL CRYSLER (604) 483-3009
Health Director EMAIL: dlbloomquist.bcryslers@sliammon.bc.ca

CATHY PAUL Office Coordinator
EMAIL: cathy.paul@sliammon.bc.ca

Health and administrative services provided at the above address are: Programs & Services to Children and Their Families at Risk – Social Worker; Addiction/Youth Counselling Services; Community Health Nursing Services; Health Education/Promotions Services; Diabetes/Home Care Nursing Services; Home & Community Care – Homemaking, Personal Care, Adult Day Care; Family

Counselling & Support Services; Women & Men's Support Services; Aboriginal Justice Program Services; Non-insured Health Benefits; Finance; Indian Registry Administration. HOURS: 8:30 am – 4:30 p.m. Monday to Friday.
Activities: Salmon enhancement, stream protection, education, public information.
HOURS: 8:00 am – 4:00 pm, Monday to Friday.

TREATY SOCIETY

RR #2 C69 Sliammon Road, V8A 4Z3
FAX (604) 483-4422

GRACE ADAMS	Treaty Society Manager	(603) 483-4427
JODI WILLIAMS	Program Coordinator	(604) 483-4427

Activities: Treaty negotiations within the BC Treaty Process, public information and historical research regarding Sliammon traditional territory. HOURS: 8:30 am – 4:30 pm – Monday to Thursday.

SMOKERS' HELPLINE, B.C.

Toll-free: 1 (877) 455-2233

WEBSITE: www.bc.cancer.ca (prevention)

The Helpline provides information, advice and ongoing support. HOURS: 10 am – 6 pm, Monday – Friday.

SOCCER, POWELL RIVER SENIOR MEN'S ASSOCIATION

DAVE MCMASTER	Contact	(604) 485-7714
RENO	Contact	(604) 414-5100

Level: recreational level. Games are Sundays at 10:00 am and noon. Number of teams varies from year to year, depending on the number of participants. No games from May – August.

SOCCER, POWELL RIVER SENIOR WOMEN'S

PAM IWASIUK	Contact	(604) 485-6544
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Season is from late September until mid-March. Ages: 16 and up.

SOCCER, POWELL RIVER VILLA CLUB

P.O. Box 309, V8A 5C2
Timberlane Soccer Centre

DEREK VEENHOF	Contact	(604) 485-5769
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Soccer Club Founded in 1973. Yearly tryouts are in mid-August, call for information. Promotes soccer for the youth of Powell River and represents Powell River in the Vancouver Island Soccer League.

SOCCER, POWELL RIVER YOUTH

P.O. Box 250, V8A 4Z6

WEBSITE: www.prysa.ca

KEVIN UNGER

President

(604) 485-4264

EMAIL: kevin.unger@acusys.ca

Mini soccer for boys and girls aged 5, 6, 7 and 8. Youth soccer: children 9 to 18 years.

SOCIETY FOR CREATIVE ANACHRONISM

WEBSITE: www.falseisle.antir.sca.org

RYAN LITTLE

Contact

(604) 485-2425

EMAIL: fernando_lobo@sunnyside.pr.com

CAROLINE LUKIANCHUK

Contact

(604)485-6429

4667 Joyce Ave. Powell River BC V8A 3B5

EMAIL: cassandra_ca@yahoo.com

We are dedicated to the study and re-enactment of the medieval ages as they should have been. It's an equal opportunity club, dedicated to battle, arts, sciences, codes of honour and fun. No membership required, all ages welcome. MEETINGS: Fridays at 7:00 pm – Unitarian Hall.

SOFTBALL, POWELL RIVER GIRLS

TED KLIEMER

Contact

(604) 483-3156

Levels: Midget, Bantam, Pee Wee, Squirts, Mites, and Tikes. Ages: 6-18.

SOFTBALL, POWELL RIVER LADIES RECREATIONAL LEAGUE

WEBSITE: www.eteamz.com/PRLRSL/index.cfm

RACHEL SWAN

Contact

(604) 485-7951

This is a semi competitive softball league for women.

SONS OF NORWAY, POWELL RIVER LODGE # 98

M. Jensen, 7172 Huntingdon Street, V8A 1N8

HELEN AUGUSTINSON

Vice President (604) 485-2641

MARY JENSEN

President (604) 485-9317

Our purpose is to keep Norwegian traditions alive. Looking for new members!

SOUP KITCHEN see Helena Hall Soup Kitchen + Salvation Army + Parish of St. David & St. Paul

SOURCE CLUB SOCIETY

4476 Cumberland Place, V8A 2X4
Phone: (604) 485-0087

CONNIE KUCHARSKY Vocational Rehabilitation Worker

JENNIFER MINARD Vocational Rehabilitation Worker

We are a rehabilitation program with vocational and pre-vocational components for people with a long term mental illness who are living in the community. Referrals through Mental Health. HOURS: 8:30 am – 1:30 pm, Monday – Friday.

SPECIAL OLYMPICS, BC, POWELL RIVER

JACKIE MILSOM Local Coordinator (604) 485-7390
EMAIL: jack.ian@shaw.ca

Activities: Sports, recreation, and fitness for people with mental challenges. Current sports: swimming, bowling (ten pin and five pin) curling, golf and softball.

SPECIALIZED VICTIM SUPPORT SERVICES see Community Services Association

SPORTS, POWELL RIVER LEGION

KEITH MCKNIGHT Sports Chairman (604) 485-9776

ST. ANDREW'S LADIES CLUB

ANN MCKENZIE President (604) 485-5907
JEAN LAMONT Vice President (604) 483-4485
NAN DUNN Secretary (604) 483-2158

Scottish ladies' social club. Robbie Burns dinner in January. MEETINGS: 2nd Thurs., 7:30 pm at the lower Legion Hall. Layettes for low-income mothers-to-be. Ceilidh every November.

ST. JOHN AMBULANCE AND BRIGADE

5907 Arbutus Avenue, V8A 4S2
(604) 483-2250
Website: www.sja.ca/bc

MARIE RUMLEY Branch Manager (604) 483-2250
FAX (604) 483-2151
EMAIL : priver@bc.sja.ca

A non-profit organization made up of the Branch and the Brigade. The Branch offers: First Aid Training Courses (Emergency, Standard, Occupational First Aid and CPR, as well as

Youth and Adult general and specialized Personal First Aid), Sale of St. John Ambulance and WCB First Aid Kits, Sale of First Aid Supplies and Safety Equipment. The Brigade members are trained, uniformed volunteers who provide community services such as first aid coverage at public events and community health care services. HOURS: 8:30am-4:30pm Monday – Friday.

STARDUSTERS

Timberlane Rancho Hall

GRAHAM LYON Hall/Contact (604) 485-6130

GORDON RUEDIG Caller/Contact (604) 487-9565

EMAIL : gordonruedig@hotmail.com

Dance: Square and round dancing. CLASSES: Tuesdays: 8:00 pm – 10:00 pm. CLUB DANCES: Thursdays: 8:00 p.m. at the Rancho, Timberlane.

STRING ENSEMBLE, POWELL RIVER

JANET BINGHAM Contact (604) 485-9273

Gives performance opportunities and group playing experience to young performers.

STROKE RECOVERY CLUB

TRUDY SIMPSON Coordinator FAX/PHONE (604) 485-6396

RHONDA ELLWYN Co-coordinator (604) 483-3304

EMAIL: derrys@shaw.ca

This club provides a program for independent stroke survivors living at home, their families and caregivers. Provides; support, social events, activities, speakers, speech therapy and physiotherapy or exercise classes. There is a Buddy system for caregivers.

MEETINGS: Tuesdays from 10:00 am – 1:00 pm at Lower Legion Hall.

SUBSTANCE ABUSE PREVENTION PROGRAM see Mental Health & Addiction Services, P.R.

SUCCESS BY 6

P.O. Box 370, V8A 5C2

Fax (604) 485-4215

PAT HULL President, Powell River United Way (604) 485-2791

WEBSITE: <http://www.successby6powellriver.ca>

Success By 6 builds community awareness and support for early childhood development programs and services. The model focuses on preventing health, developmental and social problems in children in the early years, rather than trying to solve them after they develop. The United Way, Powell River Credit Union, and the Ministry of Children and Family Development are Lead Partners in Success By 6.

SUICIDE INTERVENTION

24-hour Distress Line: (866) 661-3311

24-hour Suicide Crisis Line: 1 (800) SUICIDE (784-2433)

Toll-Free TTY Crisis Line: 1 (866) 872-0113

Crisis & Suicide Prevention, Courtenay Crisis Line (call collect) (250) 334-2455

Call Mental Health Monday – Friday 8:30 a.m. – 4:30 p.m. (604) 485-3300

For Youth Monday – Friday 8:30 a.m. – 4:30 p.m. (604) 485-3722

Hospital Evenings and Weekends (604) 485-3211

WEBSITES: <http://www.crisiscentre.bc.ca>
<http://www.youthinBC.com>

SUNSET HOMES SOCIETY, POWELL RIVER

4471 Cumberland Place, V8A 2X3

MYRNA LEISHMAN President (604) 485-2944
EMAIL m-tleishman@telus.net

Owner/Manager of Centennial Homes, MacGregor Place and Leishman Lodge. Seniors affordable housing.

SUNSHINE COAST CLOGGERS

BEV HOPKINS Instructor (604) 485-5495

SUNSHINE COMMUNITY RADIO STATION, CJMP (JUMP) RADIO – 90.1 FM & 89.1 SHAW CABLE

4476A Marine Avenue V8A 2K2

FAX (604) 485-2683

MIKE LANG Sales & Operations Manager (604)485-2684

Community radio station owned & operated by the Powell River Model Community Project for Persons with Disabilities Society, mainly staffed by volunteers. Everyone welcome no experience necessary.

SUNSHINE MUSIC FESTIVAL SOCIETY

BARB LUNDY 4681 Harvie Avenue, Powell River, B.C. V8A 2P3

FINANCIAL MATTERS EMAIL: rellais@telus.net

PATTY O'NEILL President (604) 483-9775

BOOTH APPLICATIONS EMAIL: gardengatespices@shaw.ca

CLAY BRANDER Artistic Director

ARTIST'S CONTACT EMAIL: claybrander@shaw.ca

WEBSITE: <http://www.sunshinemusicfest.com>

The Music Festival is held every Labour Day weekend at Palm Beach. Promotes: Local

TEXADA SERVICES

CHAMBER OF COMMERCE

PO Box 249, Van Anda, BC, V0N 3K0

The Texada Chamber of Commerce is an association of business owners and individual members whose aim is to improve business and the community on the Island. Minimal membership fees for individuals or businesses, Dinner meetings at the Legion in Van Anda the last Friday of every 2nd month beginning in September and finishing in May.

The current executive includes:

President	LINDA BRUHN	(604) 486-6760
Secretary	ELAYNE BOLOTEN	(604) 486-7457
Treasurer/Membership	JIM JOHNSON	(604) 486-7466

TEXADA HEALTH SERVICES SOCIETY

The Texada Health Services Society is a volunteer organization providing community advice and support to the Director of the Texada Island Community Health Centre with respect to the ongoing health care of residents. Specifically, the Texada Health Services Society's mandate is to facilitate the provision of a range of health care services that will address the changing health care needs of the people of Texada Island.

President	KEN BARTON	(604) 486-0044
Secretary	PETER STILES	(604) 486-7425
Treasurer/Membership	JANE WATERMAN	(604) 486-7768

TEXADA ISLAND COMMUNITY SOCIETY

PO Box 233, Van Anda, BC, V0N 3K0

President:	ELAYNE BOLOTON
Vice President:	LYNDA SCHIPPLING
Treasurer:	LINDA BRUHN
Secretary:	TOM READ

TICS' general mandate is to encourage the enhancement of youth and community, support the advancement of education and to assist the needy. Meetings are held 4 times a year, the second Monday of March (AGM), May, September and November.

TICS publishes the monthly Express Lines (delivered free to every post office box on the island), the PERIODIC Texada Lines, the bi-annual Telephone Directory and the island's brochure (contact: Elayne Boloten – 604-486-7457). TICS hosts 11 monthly Bingos (1st Friday of each month, September through June, plus Sandcastle Weekend), an annual Holiday Potluck Gala, as well as other activities throughout the year, and offers 2 scholarships each year. TICS is also closely associated with the Texada Island Food Bank and Christmas Hampers and Sandcastle Weekend.

SANDCASTLE WEEKEND

As a sub-committee of TICS, Sandcastle Weekend has run annually for 22 years. This two-day event is usually held in July (but sometimes in August) and includes a lip-sync contest, moonbag launch, parade, bed races, chalk drawing, kids crafts, a beer garden and craft vendors and softball tournament.

TEXADA ISLAND HERITAGE SOCIETY

The Texada Island Heritage Society is a registered non-profit society able to give tax receipts for donations and apply for "grant" monies. Texada Museum buildings are now found in one of the last Townsite houses behind the Gallery in Blubber Bay and in the old elementary wing of the Texada School in Van Anda. The museum keeps regular hours during the summer and will open for special occasions other times. We meet formally every other month, September to June, at the Seniors Centre in Gillies Bay. Yearly membership is \$10 for a single and \$15 for a family.

Texada Heritage website: www.texadaheritagesociety.com

If you wish more information ... Call:

KEN BARTON	President	(604) 486-0044
PETER KENNY	Vice President	(604) 486-0297
GAIL KIRK-DOBROSTANSKI	Secretary	(604) 486-0334
DOUG PATON	our "Archivist"	(604) 486-7109
PETE STILES	Treasurer and Correspondence Secretary	(604) 486-7425

TEXADA SENIORS' COUNCIL

President	BARB WELLS	(604) 486-7677
Vice President	DALE RINEHART	(604) 486-0050
Secretary	ANNE CARNEY	(604) 486-7117

Our membership is comprised of seniors, retired persons and other citizens interested in the quality of life of Texada's aging population. As a formal group we have existed since 1979 as Branch #153 of the B.C. Old Age Pensioners Organization, but in November 2008, we decided to affiliate instead with a growing, vibrant province-wide Council of Senior Citizens Organizations (COSCO).

We meet on the second Wednesday of each month from September to June at 1 pm at the seniors' Centre in the Old School in Gillies Bay. Membership is open to any adult person 19 years of age or older who has residence in Canada.

TEXADA ISLAND POLICING COMMITTEE

The Texada Island Policing Committee meets the first Thursday of every 2nd month starting in February at the Texada Legion (Van Anda) at 6:30 pm. For more information you may call Barb Egglestone at 604-486-7494 or Phyllis Soles at 604-486-7562.

TEXADA ISLAND RECREATION COMMISSION

BRENDA CAMPBELL
JANE WATERMAN
CHARLIE BOULET

Facilities Manager
Treasurer
Secretary

For further information contact chairman: DALE POULIN (604) 486-7146.

Thanks to volunteer efforts and our Island's industrial past we have a relatively large number of recreational facilities that we manage. These include the Texada Island Community Hall, the Gillies Bay tennis courts, Smithson Park and the Gillies Bay Ball Field and Farmers Market area Ericson Beach, the Van Anda Cove Property and the Old School Building leased by the Texada Library, the Sandpipers Nursery School and the O.A.P.O. Our facilities manager is Brenda Campbell, treasurer is Jane Waterman and secretary is Shelly Thompson.

ROYAL CANADIAN LEGION BRANCH #232

Membership in the Legion is open to all Canadian citizens and landed immigrants over 19 years of age.

Our regular annual dues are \$40 payable by the end of December with a \$5 deduction being given to those who pay by the end of November. Membership applications are available at the Legion Bar. Phone 604-486-7750

TEXADA ARTS, CULTURE AND TOURISM SOCIETY

P.O. Box 27, Van Anda, B.C. V0N 3K0

Anyone interested in the arts, culture or tourism on Texada Island is invited to become involved in TACT. Memberships start at \$10.00 for individuals and \$25.00 for businesses. A business membership includes brochure racking space at the Visitors Centre at Blubber Bay, a link on the TACT website and one web page for those businesses that do not have one. For more information on TACT or to become a member, please contact Bob Timms at 604-486-0274 or email: bobtimms@twincomm.ca

TEXADA BOAT CLUB

President
Vice-President
Secretary
Treasurer

MAURICE BRUNELLE
GREG MCMAHON
PAULA BRUNELLE
SHERIDAN KRISTOFFERSON

The present day "Texada Boat Club" lies beneath the ghostly shadow of the historic Marble Bay Hotel, which in the early 1900's graced the steep rock bluffs which was known as Texada City, and overlooked Malaspina Strait to north and the entrance to Sturt Bay.

Membership is open to residents who reside full time on Texada.

TEXADA GARDEN CLUB

All gardeners are welcome to join the Texada Garden Club. We meet the 3rd Tuesday of

TEXADA ISLAND'S VOLUNTEER FIRE DEPARTMENTS

Both Van Anda and Gillies Bay and the surrounding areas are protected by two volunteer fire departments. The two groups routinely work together to defend us against the fires that break out on our island. Both departments are members of the Volunteer Fire Fighters' Association of British Columbia.

The fire departments are responsible for issuing burning permits and also informing the public of fire bans during the fire season.

The current Fire Chief in Van Anda is Aaron Mitchell (604-486-6977). The acting Chief in Gillies Bay is Ken Taylor (604-486-0121). If you are interested in volunteering for either fire department, or would like more information, please call either of these numbers.

RESTORATIVE JUSTICE PROGRAM

Restorative justice is an innovative approach to conflict which brings victims, offenders and the community together in an effort to arrive at a resolution. Its focus is on problem-solving and offender accountability. The RCMP has chosen to champion one specific process - Community Justice Forums (CJFs)

Texada has a dedicated team of trained facilitators. If you are affected by an incident that you feel could be resolved by a Community Justice Forum report it to the local RCMP 604-486-7177.

TEXADA ACTION NOW COMMUNITY ASSOCIATION

T.A.N. was reincorporated October 31, 2007 with a mandate to maintain and strengthen the integrity of the environmental, social and economic fabric of the Texada Island Community. We are committed to informing Texada residents of events that may affect our environment and to make representation to others on behalf of the community.

In order to carry out a series of projects and tasks in opposing the proposal by WestPac LNG Corporation, T.A.N. members have formed a number of committees including: Research - Communications - Publications - Government liaison - Networking -Fundraising
All participation is welcome and encouraged.
2010 Executive Roster

CHUCK CHILDRESS	Chairman
LESLIE GORESKY	Vice Chairman
PAULA BRUNELLS	Secretary
JUDY STANFORD	Treasurer

Visit our website at: texadaactionnow.org Please send us your thoughts at: texadaactionnow@hotmail.com or call the TAN office (604) 486-6774, or email brunellepaula@gmail.com .

and serve as board members, etc. SCHEDULE: Adults: Tuesday mornings; Children: Wednesday and Thursday afternoons. Preschoolers: Monday afternoons.

THOMPSON RIVERS UNIVERSITY-OPEN LEARNING

900 McGill Road, PO Box 3010
Kamloops, BC, V2C 5N3
1 (800) 663-9711 (Toll Free in Canada) or (250) 852-7000 (Kamloops and International)
EMAIL: student@tru.ca
WEBSITE: www.openlearning.tru.ca

Thompson Rivers University, Open Learning (TRU-OL), is one of Canada's leading distance education providers. Educational goals are obtainable for anyone through accessible and varied courses that can be taken anytime and at an individually-determined pace. With over 400 individual courses and more than 52 programs available for completion by distance and online learning, students can take a variety of programs such as: Adult secondary school completion; Certificates and diplomas, including advanced and post-baccalaureate; Associate degrees; and Bachelor's degrees. Most of Open Learning's distance courses are offered continually which means no registration deadlines to rush and meet. TRU-OL's flexible format of open learning offers continuous enrolment, minimal admission requirements, the ability to transfer credits to and from other institutions and the ability to gain credits for knowledge gained through previous work experience.

Students who complete a TRU certificate, diploma or degree program through Open Learning will receive a TRU credential that is fully recognized by the Association of Universities and Colleges of Canada (AUCC), of which TRU is a member. The Open Learning division of TRU, which helped found the Canadian Virtual University, operates in collaboration with BC Campus and other educational institutions as well as professional, industry and business associations.

ELISE DESJARDINE Editor
Thompson Rivers University, Open Learning
Ph: (250) 852-6425
EMAIL: edesjardine@tru.ca

TIMBERLANE RANCHO HALL SOCIETY

C/o 3393 Cariboo Avenue
Powell River, B. C.
V8A 5K1

GRAHAM LYON	Chair	(604) 485-6130
RUSSELL STORRY	Secretary	(604) 485-2133

Manages Timberlane Rancho Hall, which is available for rent.

TOURISM POWELL RIVER - VISITORS INFORMATION CENTER

#111- 4871 Joyce Avenue, V8A 5P4

CHRIS MCNAUGHTON	President	(604) 483-9597
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EMAIL chris.mcnaughton@shaw.ca

We provide visitor's information services and tourism marketing and promotion of the Powell River region.

VISITORS INFORMATION CENTRE

#111 – 4871 Joyce Avenue V8A 5P4
FAX (604) 485-2822
Toll Free: 1 (877) 817-8669

ELISE STATHAM - Visitor Services & Projects Co-ordinator (604) 485-4701

WEBSITE: <http://www.discoverpowellriver.com>
EMAIL: info@discoverpowellriver.com

The Visitors Information Centre provides in-depth information on the community, region and B.C., as well as limited information on other Canadian provinces and the western USA.

TOURISM POWELL RIVER

111-4871 Joyce Avenue, V8A 5P4
FAX (604) 485-2822
Toll-free 1 (877) 817-8669

DARREN ROBINSON Executive Director (604) 485-4000
EMAIL: tourism@discoverpowellriver.com
WEBSITE: <http://www.discoverpowellriver.com>

Mission: Tourism marketing and promotion of the Powell River region.

TOWN CENTRE MALL MERCHANTS' ASSOCIATION

2 – 7100 Alberni Street, V8A 5K9

BILL GARRETT President (604) 485-6670

TOWNSITE HERITAGE SOCIETY

P.O. Box 217, V8A 4Z6
5865 Ash Street
PHONE (604) 483-3901
FAX (604) 483-3991

Mailing Address
Office Address

ROSEMARY BJORKNAS Coordinator
REBECCA VINCENT President (604) 483-3006
DIANA COLLICUTT Secretary/Treasurer (604) 483-4466

WEBSITE: <http://www.powellrivertownsite.com> EMAIL: thetownsite@shaw.ca

We are dedicated to promoting the restoration of the historic Townsite, designated by the federal government as a National Historical District. **HOURS:** Tues – Fri from 10:00 am – 2:00 pm.

Townsite Ratepayers Association

MARYLEE PRIOR	Secretary	(604) 483-9787
KAREN SKAESHEIM	Treasurer	(604) 344-0127

Deals with any issues the Townsite residents may have, such as improvement of roads and neighborhood support.

TRACK AND FIELD, POWELL RIVER

P.O. Box 23, V8A 4Z4

MARNIE HOLLINGSWORTH	Contact	(604) 485-7587
RON HOLLINGSWORTH	Contact	(604) 485-7587

Track Club for athletes from age 9 through Masters Level. Team travels to track meets. PRACTICES: Tuesday and Thursday 5:00 – 6:30 pm at Gordon Park in 2010. Registration: Mid-March. Track Club runs from the end of March to End of June. Watch for information in the paper or contact names above.

TRAIL RIDERS CLUB, POWELL RIVER

BEV DUNN	President	(604) 487-9182
HEATHER DICKSON	Secretary	(604) 485-4996

For horse enthusiasts. Meetings, clinics, seminars, lessons, horse shows, and clubhouse rentals. Co-manages: Paradise Exhibition Park. MEETINGS: 1st Monday, 7:30 pm – Clubhouse, Paradise Exhibition Park.

TRAVEL ASSISTANCE PROGRAM

Toll-free: 1 (800) 661-2668

WEBSITE: www.heath.gov.bc.ca

B.C. residents who must travel outside of Powell River for medical treatment may be eligible to have their travel expenses (and their escort's) paid in full or in part. TAP Forms are available from and completed by physicians. See directory listing for Angel Flight for similar service by air.

TRAVEL INFO CENTRE see Visitors' Bureau, Powell River

TREATY SOCIETY see Sliammon First Nation

TRIUNE LODGE # 81, A.F. & A.M

NORMAN MONRO	Secretary	(604) 487-9358
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A fraternal organization: (the oldest in Powell River) for men over 21 years of age.

MEETINGS: 2nd and 4th Tuesdays (except July and August) at the Lodge Room of Dwight Hall.

UNITARIAN FELLOWSHIP OF POWELL RIVER

6826 & 6828 Cranberry Street, V8A 3Z2

PAM BROWN Director (604) 414-0826

No creed. Practice Unitarian Principles respecting the environment and the web of life. Meeting space is available for low budget organizations. (Call Pam) Watch for announcements of programs.

UNITED BROTHERHOOD OF CARPENTERS' UNION, LOCAL 2068 see B.C. Carpenters' Union

UNITED CHURCH OF CANADA

6932 Crofton Street, V8A 5H4

FAX (604) 485-5763

EMAIL churchmowse@armourtech.com

REV. JIM ERB Minister (604) 485-5724
Elaine McDonald United Church Women (604) 485-9320

Worship 10:30 am on Sunday & Sunday School (September – May): 10:30 am
Bible Study: Thursday & Friday, 10:00 am (September – May). OFFICE HOURS: Mon/Tues: 9 – 2; Wed: 9 – 1; Thurs/Fri: 9 – 4:30. July: 9 am – 1 pm. Closed in August. PASTA NIGHT: Every Monday (Sept – May) 4:30 – 6:00 pm. Everyone welcome.

UNITED CHURCH OF CANADA, TEXADA ISLAND

P.O. Box 23, Gillies Bay, BC, V0N 1W0

<http://texada-united-church.dlfpr.ca>

KAREN MAY Minister, DLM (604) 486-7284
ANNE CARLSON Chair (604) 486-7263

EMAIL: cwoodkmay@yahoo.com

Sunday Worship Service: 10:30 a.m. at Van Anda Church.

UNITED FISHERMEN & ALLIED WORKERS UNION, LOCAL 42

BOB SIDWELL President (604) 487-4360

UNITED FOOD AND COMMERCIAL WORKERS, #1518

DOROTHY KIRK Representative (604) 485-0810

UNITED WAY, POWELL RIVER & DISTRICT

P.O. Box 370, V8A 5C2

LINDA WEGNER President
(PRDUW office) (604) 485-2132

EMAIL wordsofworth.ca@gmail.com

PRDUW FUNDED AGENCIES:

Powell River Association for Community Living
Powell River Brain Injury Society
Canadian National Institute for the Blind
Children's Hospital
Powell River Community Services Association
Cystic Fibrosis
Diabetes Association
St. John Ambulance Association and Brigade
Success by Six & Orca bus project
The Helping Hand Fund
Therapeutic Riding Association
Volunteer Powell River
West Coast Access

We are a non-profit organization with focus on understanding community needs and building emphasis on community impact. **MEETINGS:** 2nd Tuesday, 7:00 pm, United Way office above Rona.

VANCOUVER COASTAL HEALTH AUTHORITY

Coastal Health Service Delivery Area - Corporate Office
231 E. 15th Street, North Vancouver, BC, V7L 2L7
(604) 988-3131
FAX (604) 984-5788
WEBSITES: <http://www.vch.ca/index.htm>
<http://www.nscq.ca/contact/index.cfm>

We are responsible for the planning management and operations of publicly funded health services.

EVERGREEN EXTENDED CARE UNIT

4970 Joyce Avenue, V8A 5P2
(604) 485-2208
FAX (604) 485-3271

LEONARD WEGNER Manager, Resident Care
JENNIFER IRWIN Resident Care Coordinator

A 75-bed facility providing 24-hour care for long term residents. Case Manager (See Vancouver Coastal Health Authority) handles assessment and referrals. Also has one bed for short-term respite care; apply through Case Manager

HOSPITAL, POWELL RIVER

5000 Joyce Avenue, V8A 5R3
(604) 485-3211
FAX (604) 485-3245

LU WUTHRICH Manager, Acute Services

To provide means-tested income supplement, service related disability pensions and pensions for war widows, including those who have remarried. Services include Veteran's Independence Program (in-home care), treatment services, hospital and medical care.

VICTIMLINK see Information Services Vancouver

VICTIM SERVICES see Royal Canadian Mounted Police, Powell River

VICTIM SERVICES see Royal Canadian Mounted Police, Texada Island Detachment

SPECIALIZED VICTIM SUPPORT SERVICES, see Powell River Community Services Association,

VINTAGE CAR CLUB, POWELL RIVER

7108 Cranberry Street, V8A 3Z8

DAN ROBINSON	President	(604) 487-9059
CINDY KLUGH	Treasurer	(604) 485-4303

WEBSITE: <http://www.vccc.com>

EMAIL: ltheart@shaw.ca

For anyone interested in old and collectable cars; need not be an owner. There are monthly social events and periodic garage tours. MEETINGS: 2nd Monday, 7:30 pm at the Westview Flying Club.

VOLUNTEER FIRE DEPARTMENTS see Powell River Regional District

VOLUNTEER POWELL RIVER

#205 – 4750 Joyce Ave., Above Rona Mailing Address: P.O. Box 370, Powell River, B. C. V8A 5C2

DALE LAWSON	Coordinator/Office Administrator	604)485-2132
		FAX (604)485-4418

EMAIL: volunteerpr@shaw.ca

WEBSITE: volunteerpowellriver.com

The centre assists non-profit and voluntary organizations in recruiting, managing and retaining volunteers. It maintains a database of volunteers and of volunteer opportunities and matches volunteers to local community needs.

WALKING AND HIKING ACTIVITIES in POWELL RIVER

JAY BRESEE	Trail Building & Forest Hiking	(604) 485-6592
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We provide seasonal weekday and weekend hikes, walks, other outdoor activities; such as maintaining trails and organizational meetings. Schedules available at the Complex, Visitor Centre and WEBSITE: www.sunshinecoast-trail.com

WATER POLO

DAN VINCENT Contact (604) 483-3006

Drop in water polo. Games for everyone, all ages. Regular Admission. GAMES: Wednesdays, 8:30 - 9:30 pm.

WEIGHT WATCHERS

Toll-free: 1 (800) 682-8011

WEBSITE: <http://www.weightwatchers.ca>

MEETINGS: Thursdays 6:30 pm, 5110 Manson Avenue (Club Bon Accueil)

WELCOME WAGON LTD

4848 Saskatchewan Avenue, V8A 3G4

JOANNE CLEMENTS Rep. (604) 485-5872

WEBSITE: www.welcomewagon.ca EMAIL: jbm02@telus.net

Visits newcomers to Powell River and gives local information, maps, and gift certificates. Call to set up appointment.

WELLNESS CENTRE, THE

4680 Willingdon Avenue, V8A 2N4

PATRICIA MACPHERSON Oriental Therapy (604) 485-0250
Shiatsu and Acupuncture

WEST COAST ACCESS – Animals for Community Care and Emotional Support Society

WEBSITE: <http://www.westcoastaccess.com>

KATHY MCCAUSLAND Contact (604) 485-6940
DR. BRIAN BARNES Director (w) (604) 485-5111

A.C.C.E.S.S. (Animals for Community Care and Emotional Support Society) trains dogs for people with special needs. Operates one of two schools in BC approved to train dogs for certification as dog guides. Specializes in, but not limited to, training wheelchair assist dogs and dogs for seniors.

Also sponsors:

YOUTH VOLUNTEERS, POWELL RIVER
C/o A. Seale, 7372 Nootka Street, V8A 1K6

ANNE SEALE Contact FAX/PHONE (604) 485-6062

We have youth that work with dogs in early training animal care.

WESTVIEW BAPTIST CHURCH

3676 Joyce Avenue, V8A 2Y6

EMAIL: admin@westviewbaptistchurch.com

OSKAR ARAJS	Pastor	(604) 485-5040
MARTIN WRIGLESWORTH	Associate Pastor	(604) 485-5040
AREND DELPORT	Youth Director	(604) 485-5040
GINO CONSENTINO	Music Director	(604) 485-5040

Sunday Services: 9:00 & 10:45 am. Everyone welcome.
 Kidz Zone: 9:00 and 10:45 am.
 Junior Church: 9:00 and 10:45am.
 Junior Youth Group (ages 10-13) 6-8:00pm Tuesdays
 Senior Youth Group (ages 14-18) 7:00-10pm Fridays
 Men’s Group 6:30 pm. Tuesdays
 Women’s Group 9:30 a.m. – 11:30 a.m., Thursdays
 Women’s Group (Creator’s Circle) 7:00 – 9:00 pm Mondays
 Over 50’s Group (“Young At Heart”) meets monthly.
 Singles Group Call church office for more information
 OFFICE HOURS: 9:00 am - 4:00 pm, Monday – Thursday.

WESTVIEW BOWLING & BILLIARDS

4478 Marine Avenue V8A 2K2

JADE BELISLE	Contact	(604)485-2033
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Mixed Bowling League: Wed. 7:30 – 9:30 pm

WESTVIEW PRESCHOOL

5110 Manson Avenue, V8A 3P1

SUSAN FOORD	Supervisor	(604) 485-9235
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WHIST see below and also Senior Citizens’ Association, Branch #49

WHIST, LANG BAY

KATHY MAITLAND	Contact	(604) 487-9332
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Games are Mondays at 1:30 pm at Lang Bay Community Hall.

WILDWOOD RATEPAYERS' ASSOCIATION

KIM BREMNER	President	(604) 483-9289
PAT SALOMI	Secretary	(604) 483-9579
BILL BIRD		
PAT PICKEN		

Founded 1929. All residents welcome. MEETINGS: 3rd Thursday, 7 pm James Thompson

School Library.

WILLINGDON CREEK HABITAT RESTORATION PROJECT

C/o 6274 Walnut Street, V8A 4K5
(604) 414-0160 FAX (604) 414-0161

Restoration of fish habitat on Willingdon, McFall and McGuffie Creeks. Strictly volunteers.

WORK SAFE B.C.

801 30th Street, Courtenay B.C., V9N 8G6

WEBSITE: <http://www.worksafebc.com>

Courtenay Office	1(800) 663-7921
Employers' Service Centre	1(888) 922-2768
Emergency & Accident Reporting	1(888) 621-7233

Administers the Worker's Compensation Act, which was created to provide compensation to workers for injuries sustained and industrial diseases contracted in the course of their employment.

YACHT CLUB, POWELL RIVER

P.O. box 264 MAILING ADDRESS

GERARD NACHTEGAELE	Commodore	(604) 483-6542
		EMAIL nachtegaele@liv.ca

PRYC focuses on recreation and enjoyment on the water. Cruises, social activities and racing are held throughout the year. "The Jib Sheet" can be found at <http://powellriverjibsheet.blogspot.com/>.

YOUTH ADVISORY COUNCIL – see Powell River Child, Youth & Family Services

YOUTH JUSTICE HOSTEL – see Powell River Child, Youth & Family Services

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BACK COUNTRY HORSEMEN OF BC, POWELL RIVER CHAPTER 6

BACK COUNTRY HORSEMEN OF BC IS AN ORGANIZATION THAT PROVIDES AN ENVIRONMENT FOR EQUESTRIANS WHO ARE INTERESTED IN TRAIL RIDING AND THE BACK COUNTRY, A SOCIAL, SAFE LEARNING ATMOSPHERE WHERE PEOPLE OF ALL AGES AND EXPERIENCE CAN ENJOY TRAIL RIDING AND THE WILDERNESS EXPERIENCE. THROUGH COLLABORATION WITH INDIVIDUALS, GOVERNMENT, BUSINESS AND OTHER RECREATIONS USERS OF PUBLIC LAND WE STRIVE TO PRESERVE AND ENHANCE THE USE OF PUBLIC LANDS FOR ALL EQUESTRIANS. 6

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